

**TIMESNOW**

**Pragyan School**

**'Ranked No. 1  
as SCHOOL  
LEADERS of Greater  
Noida'**



**PRAGYAN  
SCHOOL**

Greater Noida

(Affiliated to C.B.S.E.)

# WEEKLY CIRCULAR SENIOR

**BRITISH  
COUNCIL**

**Recognition of  
International  
Dimension in  
Schools  
2025-2027**



**13<sup>th</sup> March 2026  
(CIR/SC/39/2025-26)**

# ASSEMBLY IX-XII

On 13 March 2026, teachers conducted the morning assembly and spoke on meaningful topics. Ms. Areeba addressed students on the concept of success and failure, highlighting that failure is not the opposite of success but an important part of the journey toward it. She encouraged students to acknowledge setbacks as learning opportunities and to move forward with courage, humility, and determination. Ms. Neelima spoke about language chauvinism, explaining that it refers to excessive pride in one's own language while considering others less important. She emphasized that such attitudes can lead to linguistic prejudice and social divisions, especially in multilingual societies, and encouraged students to respect linguistic diversity.



# OPEN FORUM IX-XII

Pragyan School conducted an Assembly Open Forum on 12 March 2026 on the topic “After Karnataka and Andhra Pradesh restricting social media access for children, should India introduce a nationwide central rule to regulate social media use for kids?” Students actively participated in the discussion, presenting thoughtful viewpoints both in favour of and against the idea. Those supporting the rule highlighted concerns related to online safety, screen addiction, and mental well-being, while others emphasized the importance of responsible digital freedom and awareness. The forum encouraged critical thinking and respectful dialogue among students. Such initiatives reflect Pragyan School’s commitment to nurturing digitally aware, responsible, and informed young citizens in today’s technology-driven world.



# ACHIEVEMENTS

We are delighted to share that two students of Pragyan School have been selected under the prestigious INSPIRE–MANAK Award Scheme and have each received an award of ₹10,000 for their innovative projects.

The INSPIRE (Innovation in Science Pursuit for Inspired Research) – MANAK initiative is a flagship programme of the Department of Science and Technology, Government of India, executed in collaboration with the National Innovation Foundation – India. The scheme aims to nurture creativity and scientific temperament among students by encouraging original ideas and innovations rooted in science and societal applications. Out of one lakh shortlisted ideas across the country, selected students receive financial support to further develop their innovative concepts, with opportunities to advance through District, State, and National Level Exhibitions. This achievement reflects our students' curiosity, critical thinking, and commitment to solving real-world challenges through science and innovation. It also reaffirms Pragyan School's dedication to fostering research-oriented learning and a culture of creativity. We congratulate our young innovators for this remarkable accomplishment and appreciate the mentors who guided them in this journey.



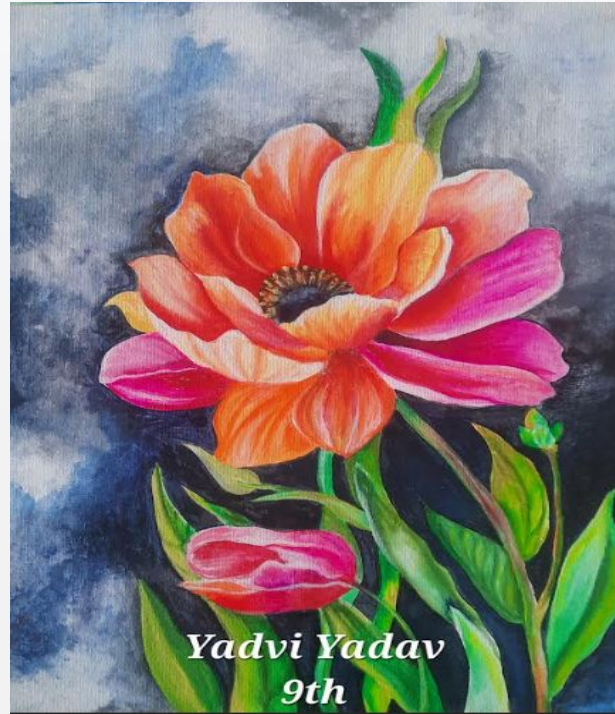
# PRAGYAN PLUS INITIATIVE

Students from the Art Department of Pragyan School, Greater Noida participated in the ‘Maati ki Abhivyakti’ Terracotta Workshop organized by the School of Fine Arts and Design (SOFAD), Noida International University (NIU). A total of 28 students from Classes VI to XII attended the workshop along with the teacher in charge. This workshop was an extension of the Terracotta Sculpture Workshop previously conducted at Pragyan School in November 2025, where students created various clay sculptures. During this visit, students experienced the final and most important stage of terracotta art – the traditional firing process. Under the guidance of the faculty of SOFAD, NIU, and a skilled artisan specializing in kiln making and terracotta baking, students observed and participated in the traditional technique of preparing and firing the kiln. They learned how sculptures are baked using sustainable and indigenous methods, which makes the clay artworks permanent. The workshop provided valuable hands-on experiential learning, aligning with the National Education Policy (NEP) focus on practical learning and skill development. It also reflected the university’s commitment to promoting sustainable art practices and traditional craft knowledge. Students found the experience extremely enriching as they witnessed the transformation of their own sculptures through the firing process. The activity encouraged creativity, collaboration, and appreciation for traditional art forms, making it a memorable and meaningful learning opportunity.



# ARTIST OF THE MONTH: FEBRUARY 2026

Yadvi Yadav of Class IX has shown commendable dedication during the month of February. She consistently takes initiative in completing her work and approaches every assignment with sincerity and responsibility. Her work clearly reflects her seriousness, commitment, and positive attitude towards the tasks given to her.



# GARDENING TIPS TO TRY AT HOME

## ECOLOGY TIP



**START WITH WHAT YOU EAT**  
Grow herbs or veggies you already love—like basil, lettuce, or cherry tomatoes. They're beginner-friendly and super rewarding!

**USE WHAT YOU HAVE**  
Reuse kitchen scraps like green onions, garlic, or lettuce bottoms to regrow plants in water or soil.

**WATER SMART, NOT HARD**  
Water in the morning or evening to prevent evaporation. Stick your finger 1 inch into the soil—if it's dry, it's time to water!

# HEALTH AND WELLNESS TIP



## Daily Healthy Habits

 <p><b>SLEEP EARLY</b> Go to bed before 11 PM to restore the brain and balance hormones</p>	 <p><b>WARM WATER</b> Drink a cup before meals to support digestion and gentle detox.</p>	 <p><b>DAILY WALK</b> Just 30 minutes a day strengthens the heart, brain, and bones.</p> 
 <p><b>SUNLIGHT</b> 15 minutes outdoors boosts vitamin D and enhances immunity.</p>	 <p><b>EAT SLOW</b> Chew thoroughly for smoother digestion, to overeating</p>	 <p><b>MORNING FRUIT</b> Have fresh fruit on an empty stomach to cleanse and energize your body.</p>



# TIP OF THE WEEK

## Tips for parenting teenagers

- Share your life experiences
- Respect their views
- Encourage them
- Give them space
- Give clear guidelines

An infographic with a light teal background and a dark teal header. The header contains the title 'Tips for parenting teenagers'. Below the header are five circles of different colors (pink, dark teal, teal, teal, pink) arranged in two rows. Each circle contains a tip for parenting teenagers.

# CIRCULARS SHARED DURING THE WEEK

- **Selection of Clubs and Visual & Performing Arts for the session 2026-27 (Classes IX–XII) shared on 12th March 2026.**
- **Commencement of New Academic Session from 16th March 2026 (Class XI) shared on 11th March 2026.**
- **Dispersal Timing on 13th March 2026 (Classes VI to VIII) shared on 12th March 2026.**
- **Showing of Answer Scripts & Supernova (Classes VI to VIII) shared on 13th March 2026.**

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