

**TIMESNOW**

**Pragyan School**

**'Ranked No. 1  
as SCHOOL  
LEADERS of Greater  
Noida'**



**PRAGYAN  
SCHOOL**

Greater Noida

(Affiliated to C.B.S.E.)

**BRITISH  
COUNCIL**

**Recognition of  
International  
Dimension in  
Schools  
2025-2027**



# WEEKLY CIRCULAR SENIOR

24<sup>th</sup> OCTOBER 2025  
(CIR/SC/26/2025-26)

# YOGA VI-VIII

All students participated enthusiastically. Yoga asanas such as Tadasana, Bhastrika Pranayama, and Bhramari Pranayama were performed. The benefits of each asana were also explained, highlighting how they help in maintaining physical fitness, improving concentration, and promoting mental peace. The session created a calm and positive atmosphere among the students. Overall, it was a refreshing and informative experience that encouraged everyone to include yoga in their daily routine.



# STUDENTS' WORKSHOP VI-VIII

The Interact Club of Pragyan School organized an insightful workshop on Peer Pressure on October 28, 2025. The session was conducted by Dr. Medha Narayan Kulshreshtha, Lead Psychologist and Youth Mental Health Expert. Through engaging discussions and interactive activities, Dr. Kulshreshtha helped students understand the impact of peer influence and shared effective strategies to build self-awareness, confidence, and emotional resilience. The workshop encouraged students to make mindful choices and maintain a healthy sense of individuality.



# STUDENTS' WORKSHOP VII-IX, XI

A creative *Story Writing Session* was organized in our school on **October 30, 2025**, in collaboration with **Pilot Pen** and **The Times of India**. The event aimed to encourage students to explore their imagination and enhance their creative writing skills. Representatives from both organizations interacted with the students and shared valuable tips on developing story ideas, building characters, and maintaining originality in writing. To make the session more engaging, **Pilot Pen** distributed high-quality pens and writing sheets to all participants, motivating them to express their creativity freely. The students participated with great enthusiasm and showcased impressive storytelling abilities. The session concluded with words of appreciation from the organizers, who encouraged everyone to continue nurturing their writing talent.



# VIDYARTHI VIGYAN MANTHAN

The **Vidyarthi Vigyan Manthan (VVM)**, a national-level science talent search examination, was successfully conducted for a total of **46 participating students** from **Classes VI to X** in the School Computer Laboratory over three days, specifically on **October 29, 30, and 31, 2025**. The seamless completion of this technology-driven assessment, with the strong participation count, highlights the widespread engagement and enthusiasm for science among our middle and senior school students.



# PRAGYAN PLUS INITIATIVE

We are pleased to inform you that Vedansh Singh has successfully completed a **one-year Micro Degree Program** (2024–2025) under the FIRE Robotics Lab, powered by FIZ Robotic Solutions. This program focused on developing 21st-century skills through hands-on learning in robotics, automation, coding, electronics, and STEM innovation. Vedansh has demonstrated creativity, analytical thinking, and teamwork while learning about microcontroller programming, sensor systems, and circuit design. His accomplishment reflects commendable effort and enthusiasm towards technological learning and innovation.



# PRAGYAN PLUS INITIATIVE

We are proud to share that students from Pragyan School have successfully completed prestigious **8-week certification courses offered by IIT Madras**, reflecting their dedication to learning beyond the school curriculum. These courses introduced students to advanced academic concepts, real-world applications, and interdisciplinary skills that enhance analytical and creative thinking. The details of the participating students and their respective courses are as follows:

| Student Name     | Class         | Course Title   |
|------------------|---------------|--|
| Riddhima Jain    | X             | Introduction to Architecture and Design                  |
| Rannajay Singh   | X             | Introduction to Engineering Biological Systems           |
| Vedansh Singh    | X             | Introduction to Engineering Biological Systems           |
| Lavanya Upadhyay | XI (Commerce) | Introduction to Data Science and Artificial Intelligence |

# INTERCLASS COMPETITION IX-XII

An *Inter-Class “Weave a Story” Competition* was organized on 29th October, 2025 for students of Classes IX to XII to nurture their creativity, imagination, and storytelling skills. The participants were shown a set of unrelated image prompts through a projector and were asked to weave an original story connecting them meaningfully. Students showcased exceptional creativity and presence of mind as they crafted engaging narratives within the given time. The event witnessed a tie for the top positions, with **Eshika Dwivedi and Vasudha Nigam** of Class XI securing the *first position*, while **Ananya Deb** of Class X and **Arjoon Rao** of Class IX shared the *second position*. **Aarjav Dikshit IX** earned the *third position* for his imaginative storytelling. The judges appreciated the participants for their originality, coherence, and expression. The competition proved to be an enriching experience that inspired students to think critically and creatively.



# ECOLOGY CLUB IX-XII: GREEN WARRIORS

The Ecology Club conducted an engaging session in which students learned the creative art of making eco-friendly pots of different shapes using white cement and waste clothes. The activity aimed to promote recycling and reuse of materials, encouraging students to find beauty and purpose in discarded items. Through this hands-on experience, students understood the importance of sustainable living and how waste can be transformed into useful decorative objects. The advantages of this activity included environmental conservation, cost-effectiveness, and enhancement of aesthetic appeal. It also helped in developing students' creativity, fine motor skills, patience, and a sense of environmental responsibility.



# HEALTH AND WELLNESS CLUB IX-XII: AAROGYAM

As part of the Health and Wellness Club activities, students were introduced to the concept of First Aid and the importance of knowing how to provide it in emergencies. They also discussed the essential items that should be included in a first aid box.

To make the session interactive, students were presented with real-life situations and asked to share their ideas on providing the correct first aid. Some of the scenarios discussed included:

1. While playing basketball, a friend twists their ankle and cannot stand — what should be done first?
2. During recess, someone falls and gets a deep cut on their knee — what steps should you take?
3. A classmate accidentally touches a hot metal rod and burns their fingers — how can you help?
4. A student experiences a nosebleed during class — what should you do and why?
5. A student faints during morning assembly under the sun — how will you respond?

Through these discussions, students learned practical ways to handle common emergencies with calmness and care.



# COMPUTER CLUB IX-XII: TECHSPARK

In this session, students explored how Python libraries work and how they simplify AI and app development. The discussion covered the concept of Sentiment Analysis, explaining how libraries process text to detect emotions and opinions.

Students also learned how to create their own Python libraries for data handling, automation, and AI model development.

Popular Sentiment Analysis tools and libraries mentioned included:

- TextBlob
- VADER
- NLTK
- SpaCy
- Google Cloud Natural Language API (no-code)
- MonkeyLearn and Hugging Face (no-code)

The session encouraged students to build creative AI models and tools using Python and no-code platforms.



# JOURNALISM CLUB IX-XII: THE BROADCASTERS

31 October 2025. The Journalism Club today conducted an engaging *Report Writing Session* on October 30, 2025, in the school auditorium. The main objective of the session was to make students aware of the format, tone, and purpose of **incidental reports**, and to equip them with the necessary skills to write them effectively.

The session began with an introduction to different types of reports, followed by detailed guidelines on how to structure an incidental report. Practical examples and short writing activities helped students grasp the nuances of clarity, objectivity, and factual accuracy.



# INTERACT CLUB IX-XII: HELPING HANDS

The Interact Club held its weekly meeting on October 31, 2025. The agenda for the meeting included planning the celebration of Interact Week and creating an Interact video. Additionally, we launched a new collaborative project, Eco Warriors, for which all Interactors were assigned specific duties. A fundraiser was also planned to support the Interact Week celebrations.



# HERITAGE INTACH CLUB IX-XII

The Heritage INTACH Club of Pragyan School conducted an engaging session on “Hampi – The Richest City of Its Time” on 31 October 2025. Students watched an informative video presented by TV18 Network, which showcased the grandeur, trade networks, architectural brilliance, and cultural heritage of the Vijayanagara Empire. The visual journey helped students understand how Hampi became a global trading hub and a center of art, commerce, and spirituality. Following the screening, an interactive quiz was organized to assess learning and spark curiosity. The session enriched students’ knowledge of India’s glorious past and the importance of heritage preservation.



# HEALTH AND WELLNESS TIP






# TIP OF THE WEEK


3-Step Guide

## Positive Discipline


**Step One**  
Acknowledge and Accept Your Child's Feelings



**Step Two**  
Connect With Your child



**Step Three**  
Teach Your Child What They Can Do Next Time



The diagram illustrates a three-step process for positive discipline. It starts with a sad face icon, followed by an illustration of a parent and child hugging, and ends with a happy face icon. Arrows indicate the flow from Step One to Step Two, and from Step Two to Step Three.

# CIRCULARS SHARED DURING THE WEEK

- **Invitation for Students to Participate in National Consulting Olympiad – IGNITE 5.0 (X to XII) shared on 28th Oct 2025.**
- **Inter-class Mathematics Quiz (Classes IX to XII) shared on 28th oct 2025.**
- **Schedule and Details for the Level-I VVM 2025-26 Online Examination shared on 28th Oct 2025.**
- **Annual Prize Distribution Ceremony (Classes VI to VIII) shared on 28th oct 2025.**
- **Revised schedule for Physical Education Practical Examination – Class XII shared on 29th Oct 2025.**
- **Marathon Classes for Class XII Students – Saturday, 1st November 2025 shared on 29th Oct 2025.**

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