



PRAGYAN
S C H O O L

WEEKLY CIRCULAR SENIOR

3rd MAY 2024
(CIR/PS/124/2023-24)

ASSEMBLY VI-VIII

Students of class VII A conducted the morning assembly this week. The topic of the personality talk of the week was 'Rabindranath Tagore'. Students confidently shared the biography, introduction, educational life of Rabindranath Tagore followed by a quiz on his life and achievements. They also presented debate on the topic "vaccination should be mandatory". On 3rd May students of VIIC delivered an informative talk on Indian football ace player "Bhaichung Bhutia". Students shared their thoughts about the early life and achievements of Bhaichung Bhutia. The class also involved the students in the quiz on Bhaichung Bhutia wherein the students participated enthusiastically. The assembly was concluded by the musical showcase performance by Preksha Verma of class VI- A. The assembly generated the creative thoughts and expression among the budding learners of the school.



ASSEMBLY IX-XII

The students of class IXA conducted the morning assembly this week, which included a stimulating debate on the topic, "Television's Role in Contemporary Violence." Continuing their engagement, on May 1st, 2024, the students delivered an informative talk shedding light on the life and achievements of Indian industrialist and philanthropist, Ratan Tata. The subsequent day, showcased the multifaceted talents of Class IX A, as they demonstrated their prowess in oratory skills through self-authored poetry, motivational musical renditions, artistic displays, and instrumental performances. Over the course of three consecutive days, Class IX A captivated their audience and left a lasting impression, imparting valuable life lessons that contribute to holistic mental and spiritual growth.



OPEN FORUM IX-XII

The open forum at Pragyan School on April 29, 2024, delved into the topic of Artificial Intelligence (AI), covering its pros and cons along with the importance of early career planning in this field. Students highlighted AI's potential benefits, such as increased efficiency and problem-solving capabilities, while also acknowledging concerns like job displacement and ethical dilemmas. They emphasized the significance of acquiring AI-related skills and collaborating across disciplines to navigate the evolving technological landscape responsibly. Discussions underscored the need for ethical considerations in AI development and the inclusion of relevant educational programs to prepare students for future challenges. Overall, the forum provided valuable insights into the opportunities and challenges posed by AI, emphasizing proactive engagement and collaborative efforts to harness its potential for societal benefit.



YOGA SESSION IX-XII

The morning assembly on May 3, 2024, commenced with the vibrant energy of students gathered in the amphitheater. The theme for today's assembly was health and fitness. Students engaged in a series of dynamic calisthenics exercises. The session included a variety of movements. The calisthenics session not only promoted physical activity but also fostered a sense of camaraderie among the students.



ATL LAB OF MARCH MONTH

We feel proud to share that the ATL lab of our school again bagged the Lab for March 2024.



CLASS TEACHER PERIOD :VI

On Tuesday 30th April 2024, Grade VI Students demonstrated commendable participation during assembly rehearsals. Engaging in various roles, they showcased teamwork and dedication. They also played chess with full enthusiasm, incorporating strategic thinking. Participation was active, fostering a competitive yet supportive environment.



EXPERIENTIAL LEARNING IN PSYCHOLOGY -XII

Activity: Creating my own Rorschach Inkblot card in Psychology

The Enrichment Activity for Class XII Psychology students focused on the Rorschach inkblot test, a projective technique widely used to assess personality traits. The activity aimed to provide students with a hands-on experience in understanding and administering this psychological assessment tool. Prior to the activity, students were introduced to the theoretical background of projective techniques and the Rorschach test. Students were tasked with creating their own inkblot cards. This involved designing abstract patterns on cards using various mediums such as ink, paint. The emphasis was on creating ambiguous stimuli that could evoke diverse interpretations. In pairs students took turns administering their self-created inkblot cards to each other followed by reflections and discussion. By creating and administering their own inkblot cards, students gained practical experience in applying theoretical knowledge to real-world scenarios. This activity exemplifies the effectiveness of hands-on, immersive learning experiences in psychology education, enabling students to bridge the gap between theory and practice while fostering a deeper appreciation for the nuances of psychological assessment techniques.

EXPERIENTIAL LEARNING IN PSYCHOLOGY -XII



EARTH DAY CELEBRATION

On the occasion of Earth Day, Eco club members conducted various awareness programmes. They performed nukkad natak to sensitize children about the bad impact of urbanization and excessive use of plastic. They presented slogans for the conservation of the environment. Students were made aware about the green practices like composting, organic farming, rain water harvesting etc. They started Newspaper collection drive for recycling.



ATL SESSION VI -VIII

Activity- Charge attraction

Learning objectives: Teaching charges and their properties in a robotics lab for electronics projects provide students with essential knowledge to design circuits, integrate sensors, and control actuators in robotic systems. Through hands-on activities, they learn troubleshooting skills and develop an awareness of electrical safety practices.



ATL SESSION VIII

Project- Full Scale Glider

Learning objectives: In eighth-grade aeromodelling classes, building full-scale gliders offers a hands-on exploration of aerodynamics and engineering. Students learn about wing design, weight distribution, and flight dynamics while developing teamwork and problem-solving skills. Witnessing their gliders take flight sparks curiosity and interest in aerospace engineering and STEM subjects.



ATL SESSION IX-XII

The making of Hovercraft, Drones, and RC plane.



DEAR : DROP EVERYTHING AND READ

The Drop Everything and Read (DEAR) initiative was successfully implemented at on May 1, 2024. The primary objective of this program is to cultivate a culture of reading among students and staff members. By encouraging regular reading habits, the initiative aims to promote literacy, expand knowledge, and foster a love for literature. The DEAR initiative witnessed enthusiastic participation from both students and teachers. The atmosphere during the reading period was calm and focused, with everyone engrossed in their respective books. Students were seen eagerly flipping through pages, demonstrating genuine interest in their reading materials. Teachers, too, actively engaged in reading alongside the students, setting a positive example and emphasizing the importance of lifelong learning.



ARTIST OF THE MONTH: APRIL 2024

Asmi of class XI is the artist of the month-April. She worked with dedication for the Subodh Gupta project. And secured the 2nd position in an inter-school competition.



WORKSHOP VI-VIII

Empowering Self Through Responsible Use of Social Media

On the 3rd of May 2024, Pragyan School organized an interactive workshop on "Empowering Self Through Responsible Use of Social Media" for students in classes 6 to 8. The workshop was facilitated by Ms. Ayesha Arshi, an Expressive Art-Based Therapist currently working with the Mental Health and Behavioural Science Department at Fortis Hospital. The primary aim of the workshop was to educate students about the responsible use of social media platforms and empower them to navigate the digital world safely. Ms. Ayesha intended to foster critical thinking among the students regarding their online behaviour and its impact on mental health and well-being.

The highlights of the workshop were

Understanding social media

Exploring its Positive and Negative Impact

Promoting Digital Well-being

Encouraging Responsible Online Behaviour

Creative Expression

WORKSHOP VI-VIII



INTERCLASS COMPETITION VII-VIII

“Poetry is the language of imagination, of feelings, of emotional self- expression, and high art.” To spread the fragrance of poetry among children, the school organized an Inter-Class Poem Recitation competition on April 23,2024 for students of classes VII-VIII. Our young poem reciters got the opportunity to exhibit their recitation skills with a lot of zeal, enthusiasm and they amazed everyone with their captivating presentations. The themes of the poem were choice, hope and resilience and dreams.We congratulate all the participants and the winners .



Name of the Student	Class	Position Achieved
Avni Gupta	VII B	First
Ramaanshi Rana	VIII C	Second
Priyal Yadav	VII A	Third
Charvi Bhadana	VIIIA	

HEALTH AND WELLNESS CLUB: AAROGYAM

Activity: Balanced Diet Workshop

The Health and Wellness Club conducted an engaging workshop this week which focused on understanding the significance of a balanced diet and its importance for students. The session aimed to educate participants about the fundamentals of nutrition and empower them to develop personalized diet plans tailored to their age and lifestyle. Students were introduced to the idea that a balanced diet comprises a variety of foods that provide essential nutrients in appropriate proportions to support overall health and well-being. Emphasis was placed on the critical role of a balanced diet in sustaining optimal physical and mental health. Students learned how consuming a diverse range of foods from different food groups, including fruits, vegetables, grains, protein sources, and dairy, ensures they obtain essential vitamins, minerals, carbohydrates, proteins, and fats necessary for growth, development, and vitality. Following the informational segment, students were tasked with preparing their own diet plans tailored to their age, dietary preferences, and activity levels. Guided by the facilitator, participants learned to analyse their current eating habits, identify areas for improvement, and design balanced meal plans incorporating a variety of nutritious foods.

HEALTH AND WELLNESS CLUB: AAROGYAM



COMPUTER CLUB:TECHSPARK

Students showcased their creativity and technical skills by creating digital animations and posters on National Technology day. These digital creations not only celebrated the advancement in technology but also highlighted the students' innovative spirit and their ability to utilize digital tools to express themselves.



JOURNALISM CLUB:THE BROADCASTERS

3 May 2024. The session at Journalism club began with an overview of the importance of interviews in journalism, emphasizing the role of interviews in gathering information, storytelling, and building rapport. Key concepts such as open-ended questions, active listening, and body language were discussed. The students were further divided into pairs to enact as an interviewer and an interviewee and on the basis of the profile of the personality frame any ten questions. They practiced crafting interview questions tailored to specific scenarios and participated in mock interview sessions. Feedback and constructive critique were provided to improve their interviewing techniques.



ECOLOGY CLUB: GREEN WARRIORS

On May 3rd, 2024, Pragyan School's Ecology Club engaged in an eco-conscious activity, crafting envelopes from recycled paper. Students showcased their creativity while promoting sustainability. This initiative not only reduced paper waste but also encouraged the reuse of materials. Through teamwork and ingenuity, students learned the importance of environmental conservation. By incorporating such activities into our curriculum, Pragyan School fosters a culture of eco-awareness and responsibility among its students. Let's continue to uphold our commitment to preserving the planet for future generations.



INTERACT CLUB: HELPING HANDS

On May 3, 2024, the Interact Club held a general meeting led by Incharge Ms. Roja Ramani. The session aimed to inform students in grades IX to XII about upcoming projects. Ms. Roja introduced the theme "My Mother, My Queen" to celebrate Mother's Day on May 12, encouraging ways to express gratitude to mothers. Both teachers and students shared creative ideas to impress their moms. Additionally, plans for a Sanjeevni Drive on medicine donations were discussed, highlighting the club's commitment to community welfare. The meeting also included deliberations on collaborating with the District Interact Club to address issues affecting the underprivileged. Overall, the session fostered enthusiasm for service and social responsibility among the students, setting a positive tone for future initiatives.





TIP OF THE WEEK

THINGS EVERY KID SHOULD HEAR GROWING UP

- ✔ Mental health is just as important as physical health.
- ✔ Not everyone will agree with you, and that's okay.
- ✔ You will see changes in yourself as you grow. It can be uncomfortable, but it's something to embrace.
- ✔ Other people may criticize you, but you don't have to accept it as a reflection of who you are!
- ✔ You have the right to create boundaries.
- ✔ Self-love is the best love.
- ✔ Life isn't about a destination. It's about embracing the journey.
- ✔ Speak your truth and be who you are always.
- ✔ Obstacles are opportunities to grow.



CIRCULARS SHARED DURING THE WEEK

- Circular – SOF Olympiads (2024-25) shared on 1st May 2024.
- Regular working of school on 1st May 2024 shared on 1st May 2024.
- Rescheduled date for Detailed Assessment-1 of Social Science for class X shared on 2nd May 2024.
- Guinness World Record for “the most children reading at one time” on 19th June 2024 shared on 3rd May 2024.

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