



**TIMES
SCHOOL SURVEY
2019**
Ranked No. 1
as school leaders in Greater
Noida by the Times of India
Survey 2019



**PRAGYAN
SCHOOL**

WEEKLY CIRCULAR SENIOR

21st OCTOBER 2022
(Cir/PS/66/2022-23)

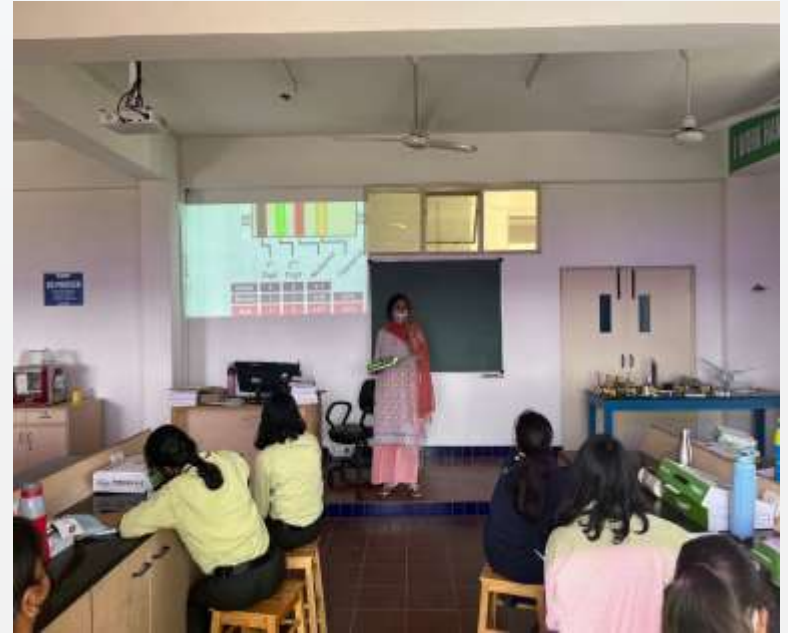
ATL SESSIONS VI

During the ATL session, the introduction of the 3D pen and its working was explained to students of class VI.



ATL SESSIONS VII

During the ATL session students of class VII learned to find out resistance of various resistors with the help of colour coding.



ATL SESSIONS IX

During the ATL session students of class IXB were given detailed explanation about the circuit making for Smoke Detector. They understood the basics behind the use of components MQ2, Arduino and Buzzer.



LAB ACTIVITY CLASS VI

Class VI students had first hand experience in the chemistry lab. They tested the presence of certain nutrients like starch, protein and fats in various food samples.



MATH LAB ACTIVITY

Students of class 10A tried their hands on learning with fun. They practically verified that the length of tangents drawn to a circle from an external point are equal, by paper cutting and folding method.



FOOD COMMITTEE MEETING

The food we eat plays an important role in helping our body deal with the changes in the weather. Keeping this in mind all the food Monitors of classes VI-XII had a meeting to revisit the food menu for the next cycle. A lot of changes were made after inputs from all the Food Monitors keeping all the nutritional requirements and cravings in mind.



INTERCLASS PHOTOGRAPHY COMPETITION IX-XII

A Photography Competition "In A Flash" was held on 12.10.2022 for the classes IX-XII on the theme Pragyan-Beyond the classrooms. The photographs were sent to one of our Alumni Jayant Nagpal, who is a professional photographer associated with the film industry and the result was declared by him. We congratulate the following winners.

First position	Reva Sharma IXB
Second Position	Roshi Jain IXB
Third Position	Jiya Sharma IXA
Consolation Prize	Pratham IX B



INTERCLASS COMPETITION: CURRENT AFFAIRS QUIZ COMPETITION 'INQUISITIVE - 4.0'

Knowledge is power, knowledge shared is power multiplied.

Pragyan School, Greater Noida organized the much-awaited annual quiz competition 'Inquizitive-4' on 20th Oct 2022 to encourage students to keep themselves abreast of current happenings. Four teams one each from classes 9-12 were selected by conducting an elimination round beforehand. The quiz consisted of four rounds namely- It's your turn, It's in the picture, It's my voice and The game changer. All the rounds were very interesting having skilfully prepared intriguing questions from various fields like current affairs, politics and geography etc. The quiz was conducted in a very interesting and interactive manner and the teams participated with great enthusiasm. There was neck to neck competition amongst the teams and finally class XII emerged as the winner, class X remained at the second place. The Principal of the School, Ms. Ruchika Sharma congratulated all the participants and handed them the Trophies. The students enjoyed the event thoroughly and got an opportunity to enhance their knowledge.

INTERCLASS COMPETITION: CURRENT AFFAIRS QUIZ COMPETITION 'INQUISITIVE - 4.0'



WINNERS	Aryan Sharma- XII C Udayveer Vasisth- XII B Kunal Mavi- XII B
RUNNERS UP	Vibhu Shankar Tiwari- X C Harsh Gaur- X A Manas Sharma- XC



INTERSCHOOL COMPETITION

Our students participated in the Inter-School Humanities Fest, 'VYAKTITVA – A Humanistic Perspective', organized at Ahlcon International School on 15th October 2022. We congratulate Aryan XIIC, Ira Joshi XIIC, Mrinalini Singh XIIC for securing second position in the event Final Destination related to Political Science and Psychology .



CBSE WORKSHOP: FINANCIAL LITERACY AND DIGITAL TOOLS

It's not just a term but a bizarre question that throbs us whether we are conscious enough related to our money or not. Pragyan school, Greater Noida, on 19-10-22 hosted a training session in accordance with initiatives being taken by CBSE under New Education Policy (NEP-2020) on the topic, "Financial Literacy" for the teachers of Pragyan School and the member schools of the hub of schools. This session was taken up by the eminent financial consultant Mr. Vimal Kumar(FCA, B.Com). Mr. Kumar is a qualified Chartered Accountant from The Institute of Chartered Accountants of India with post qualification and experience of 11+ years. The training was attended by the Principal Ms. Ruchika Sharma, coordinators and the faculty members of the host school alongwith the faculties of other hub of schools. The training session focused on the ability to understand and effective use of various financial skills, including personal financial management, budgeting, and investing etc. Mr. Kumar vividly discussed that a strong foundation of financial literacy can help support various life goals, such as saving for education or retirement, understanding debt responsibility and tracking personal spending. Overall, the session was truly engaging and fruitful.

CBSE WORKSHOP: FINANCIAL LITERACY AND DIGITAL TOOLS



WORKSHOP ON SEGREGATION OF WASTE VI- VIII

Greater Noida Authority conducted a workshop for students of classes VI-VIII on 21 Oct 2022, to sensitize the students to keep their city clean, to motivate and spread awareness about cleanliness mainly during the festive season. They also explained the importance of segregation of wet and dry waste.



INTERACT CLUB INITIATIVE: BLOOD DONATION CAMP

Interact Club of Pragyan School in association with Rotary Club Green Greater Noida successfully organised a "Blood Donation Camp" on Saturday, 15th October. 54 units were contributed to the Rotary blood bank through this camp. We would like to thank the parents, teachers and alumni of Pragyan school and Volunteers of RHA for making this event successful by their generous donation.



SAVE SOIL MOVEMENT

“If we have any love for our children, we have to leave our soil and water in a better condition than they are now.” Sadhguru

Students of Pragyan School had participated in the Save Soil movement, the world's largest Ecological Movement by the people. Students wrote letters to the leaders of the country to initiate activities to save the soil .



FOGGING OF THE SCHOOL CAMPUS

The routine fogging of the school campus to get rid of the seasonal pest and mosquitoes.



HEALTH & WELLNESS CLUB



Healthy Lifestyle Tips

TIPS ON DIWALI

Gift the gift of Health
Make some healthy additions to the contents of your gift baskets. Include dried fruit, unsalted nuts and seeds, high quality organic oil, some organic teas and may be a book on Healthy Living.

Stay active
Stay active and aim to do some exercise every day. Days before the festivities increase the firm of your regular exercise regime. Just adding 15 minutes of cardio can go a long way. A daily 15 - 20 minute brisk walk will help compensate for some of the extra calories being consumed.

Eat fruits and veggies
Balance home cooking and social eating by baking, grilling, or steaming what you serve at home, instead of frying. Choose fresh fruit instead of a traditional sweet for a snack or dessert. Eat as many "grow" foods as possible.

Graze on Healthy Snacks
Don't head out to a party on an empty stomach. This will help prevent you from overeating. Keep healthy snacks like kale chips, sprouted mung beans, baked kala channa, carrots, cucumbers, and hummus handy.

Eat in moderation
Fatty foods, sweets and other fried snacks should be enjoyed in small amounts. Replace table sugar in sweets with healthy alternatives like raw honey, coconut sugar, maple syrup, dates or stevia. Add some cinnamon, nutmeg, vanilla or fruit concentrate to perk up the sweetness.



ECOLOGY CLUB

CELEBRATE ECO FRIENDLY DIWALI

6 WAYS TO CELEBRATE ECO-FRIENDLY DIWALI #GREENDIWALI

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Use earthen lamps or diyas to decorate your beautiful homes. You could re-use them unlike the candles.
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Invite your loved ones for a celebration at home with good food and sweets to enjoy the feeling of togetherness. Serve using banana leaves instead of disposable plates.
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Beautify your rangoli with flowers and use natural colours.
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Make handmade gifts at home, wrap them using newspapers and share love with near and dear ones.
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Celebrate this Diwali by sharing sweets and happiness with poor and underprivileged children. 'Joy of Giving'
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If you are planning to buy home appliances this Diwali, then prefer 5 star rated appliances for energy efficiency.





TIP OF THE WEEK



Teaching our children to control themselves is far more effective than trying to control our children.

- Model, don't manipulate.
- Lead, don't intimidate.
- Support, don't shame.
- Encourage, don't threaten.
- Guide, don't punish.
- Listen, don't lecture.

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