

TIMESNOW

Pragyan School

**'Ranked No. 1
as SCHOOL
LEADERS of Greater
Noida'**



**PRAGYAN
SCHOOL**

Greater Noida

(Affiliated to C.B.S.E.)

**BRITISH
COUNCIL**

**Recognition of
International
Dimension in
Schools
2025-2027**



WEEKLY CIRCULAR SENIOR

04th JULY 2025
(CIR/SC/10/2025-26)

TEACHERS' ASSEMBLY

On 2nd July, the school campus came alive with joy and enthusiasm as teachers warmly welcomed the students back after the summer break. The morning began with a special assembly conducted by the teachers, setting a positive tone for the new academic term.

The assembly featured inspiring thoughts and beautiful quotes that encouraged the students to return to their studies with renewed energy and focus. Teachers shared motivational messages, emphasizing the importance of hard work, discipline, and setting personal goals. Their heartfelt words created an encouraging atmosphere, helping students transition smoothly from vacation mode to the school routine.

The warm reception and uplifting talks reflected the teachers' dedication to fostering a positive and nurturing environment for the students as they embark on a new academic journey.



ASSEMBLY VI-VIII

The school assembly on 3rd July 2025 was conducted by the enthusiastic learners of Class VII-B, who beautifully showcased their oratory and presentation skills. The assembly began with a soothing piano performance that set a calm and positive tone. This was followed by a well-articulated English poem and an engaging English story that captured everyone's attention. A heartfelt Hindi poem and eloquently recited Sanskrit shlokas highlighted the richness of Indian languages and tradition. Students also shared a set of interesting facts that sparked curiosity and learning. The assembly was a perfect blend of creativity, confidence, and cultural expression.



LIFE SKILL SESSIONS

To support adolescents in building essential skills for navigating real-life challenges, life skills sessions were conducted for students. As part of this initiative, Class VII students participated in an activity focused on developing empathy. They were encouraged to share instances of how they helped others during their vacation and reflect on the importance of offering support. The session concluded with a discussion on ways they can extend help to their teachers within the school environment.



DEAR (DROP EVERYTHING AND READ)

The school successfully conducted another session of the DEAR (Drop Everything and Read) Programme on July 2, 2025, for classes VI to XII. Students brought novels or storybooks of their choice and engaged in silent reading, creating a calm and focused start to the day. The programme was introduced to foster a lifelong reading habit, enhance concentration, and offer students a quiet space for personal reflection through literature. It continues to be well-received, with students showing genuine enthusiasm for the opportunity to read freely and independently.



NATIONAL READING MONTH

Our school has proudly commenced the observance of the 30th National Reading Day and Reading Month, as directed by the Central Board of Secondary Education (CBSE) to honor the legacy of Sh. P.N. Panicker, the pioneer of the Library Movement in India. The Reading Day Pledge was solemnly taken by all students and staff on 2nd July 2025 during the morning assembly. The pledge reflected our collective commitment to develop reading habits and contribute meaningfully to the progress of the nation. The initiative aligns with NEP 2020's emphasis on nurturing early reading habits for cognitive and critical development. The school looks forward to a month of enriched learning, creativity, and joyful reading experiences.



VIRTUAL TOUR BY SPIC MACAY ON ANCIENT WORLDS GALLERY

On July 4, 2025, the students of Class VIII attended a captivating virtual tour of the Ancient Worlds Gallery, organized by SPIC MACAY. The session aimed to deepen students' understanding of ancient civilizations and their enduring contributions to art, architecture, and culture. During the tour, students explored rich exhibits highlighting civilizations such as Mesopotamia, Egypt, Greece, Rome, and the Indus Valley. The interactive session featured expert narration, high-resolution visuals of ancient artifacts, and engaging discussions that sparked curiosity and appreciation for world history. The initiative served as a meaningful extension to classroom learning, blending technology and heritage. Students were especially fascinated by the interactive 3D models and rare archaeological finds showcased during the session. The experience not only enriched their historical knowledge but also nurtured a sense of wonder and respect for ancient cultures—aligning perfectly with SPIC MACAY's mission to promote cultural awareness among youth.



WORKSHOP VI-VIII

Plastic Waste Workshop by HCL Foundation:

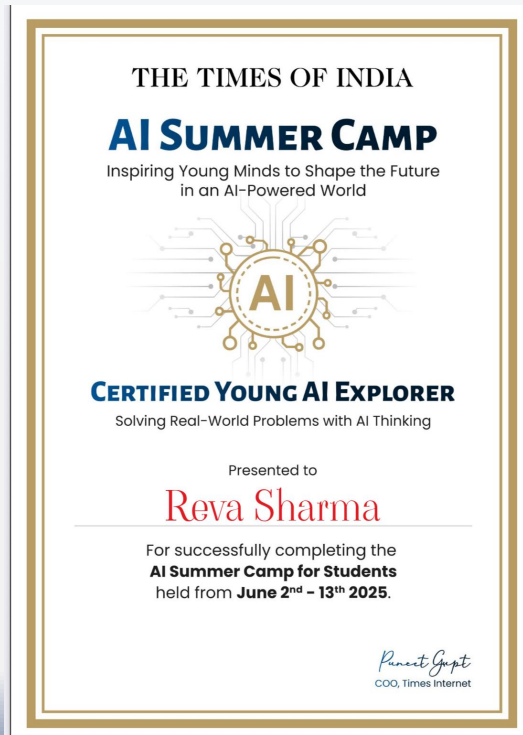
On International Plastic Free Day, a workshop on plastic waste was conducted by HCL Foundation for classes VI-VIII on 04.07.25. Representatives Ms. Summy and Mr. Sudeep led the session, covering Chapters 3 and 4 of LOFU-KOFU's Wonder on Waste. Students participated in a waste segregation activity and learned to identify different types of plastics like HDPE, PP, PVC, etc., through recycling symbols. The session was engaging and ended with an activity where students made newspaper bags, promoting reuse and sustainability. The workshop effectively raised awareness and inspired students to contribute to a plastic-free future.



PRAGYAN PLUS INITIATIVE

The Times of India AI Summer Camp 2025:

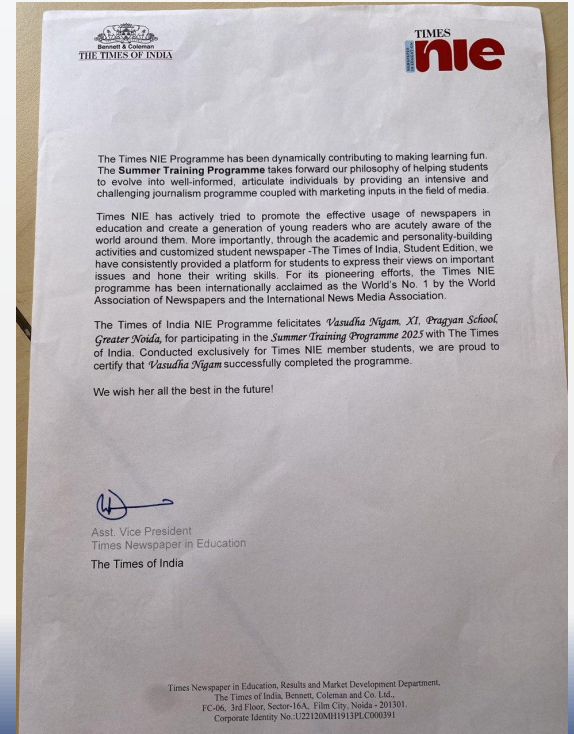
Reva Sharma XII A and Ayan Agarwal XIA completed The Times Of India AI Summer Camp 2025, held from June 2 to June 13, 2025. The students were nominated for a 100% scholarship worth Rs 10,000 by the Times of India to attend this AI camp. It was an incredible journey into the world of Artificial Intelligence, where they got hands-on experience with cutting-edge tools like Gamma, Ideogram, Lovable, and ElevenLabs – exploring how AI can be used for storytelling, design, voice generation, and beyond.



PRAGYAN PLUS INITIATIVE: INTERNSHIP BY STUDENTS

Times of India Editorial Internship:

Vasudha Nigam of class XI completed an editorial internship with The Times of India from **13th May to 30th May**. Throughout the internship, she gained valuable insights into the editorial workflow of a leading national daily. She was introduced to various aspects of news writing, editing, content curation, and the importance of journalistic integrity. Vasudha's enthusiasm and commitment stood out, earning her praise from her mentors. As a mark of appreciation, she was awarded a felicitation letter by the Assistant Vice President of The Times of India, acknowledging her sincere efforts and promising aptitude in media.



PRAGYAN PLUS INITIATIVE: INTERNSHIP BY STUDENTS

Summer Internship Organized By Fortis Hospital Greater Noida:

The following 14 students of Classes X, XI, and XII participated in an internship organized by Fortis Hospital, Greater Noida:

Priyanshee Aggarwal - X A, Simran Malik - XI A, Urvi Joshi - XI A, Vallari Jha - XI, Shivika - XI, Aarav Bhati - XI A, Ananya Rai - XI A, Riana Chowdhury - XI A, Devasmita Katiyar - XI A, Vasudha Nigam - XI C, Eshika Dwivedi - XI C, Krishika Bansal - XI C, Yashika Singh - XI C, Shreyangi Singhal - XII-A.

During the program, they were introduced to the fundamentals of psychology, along with its applications and scope in real-world settings. They gained hands-on experience in client interview techniques and basic therapeutic skills. The internship also deepened their understanding of various mental disorders and diagnostic approaches. Additionally, students explored how psychology connects with social life and contributes to community well-being.



PRAGYAN PLUS INITIATIVE: INTERNSHIP BY STUDENTS

Internship with Scholastic Publishers:

We are pleased to share that a group of Grade XII students recently completed a four-week internship with Scholastic Publishers under the Student Internship Programme (SIP). This internship offered our students a valuable platform to gain real-world exposure and develop key professional skills such as event planning, campaign execution, impactful presentations, time management, research, and progress tracking. In addition, it fostered essential soft skills including clear communication, confident leadership, teamwork, empathy, creative thinking, and accountability. The SIP is a unique, outcome-driven initiative that integrates global certification, virtual mentorship, and project-based learning. The culmination of their learning was showcased during a final event held from the 14th to the 17th of May 2025, where students applied their skills in a collaborative setting. The following Grade 12 students participated in this program: Vatsal, Maathangi, Aryan Jain, Natahlia, Navya, Pratham, Ankur, Anshika, Asmi, and Naitik.

To acknowledge their efforts and achievements, all participants were awarded certificates. We are also proud to share that the teacher-in-charge, Mr. Rohit Arora, was felicitated with the Certificate of Coordinator for his committed guidance and mentorship throughout the internship.

We congratulate our students on this achievement and look forward to providing more such experiential learning opportunities that prepare them for success beyond the classroom.

PRAGYAN PLUS INITIATIVE: INTERNSHIP BY STUDENTS



TEACHERS WORKSHOP: MENTAL AWARENESS AND GENDER & SEX

Pragyan School had the privilege of hosting a CBSE workshop for the teachers on Mental Awareness and Gender & Sex on 30th June 2025. The workshop was part of CBSE's ongoing initiative to promote psychosocial well-being and gender sensitivity among educators and school communities. The session was facilitated by two esteemed resource persons – Ms. Mukta Sharma and Ms. Komal Tomar. The engaging workshop began by highlighting the importance of creating mentally supportive and gender-inclusive spaces in schools. The resource person discussed common mental health challenges faced by students, signs of emotional distress, and practical strategies for early intervention and support. It was followed by a thought-provoking session on the concepts of gender and sex, gender identity, stereotypes, and the impact of gender bias in classroom settings. She encouraged open dialogue, challenged myths and misconceptions, and shared tools that educators can use to foster inclusivity and respect in schools. Interactive role-plays and case studies added depth to the discussion, making the session both informative and impactful. The workshop concluded with an open forum for questions and reflections, where participants shared their takeaways and committed to creating safe, empathetic, and equitable environments in their respective schools. Overall, the workshop was highly insightful, equipping educators with the knowledge and sensitivity required to support students not only academically, but emotionally and socially as well.

TEACHERS WORKSHOP: MENTAL AWARENESS AND GENDER & SEX



ADOBE EXPRESS TRAINING SESSION FOR TEACHERS

Adobe Express training session on Adobe Express was conducted for teachers on 1st July with the objective of enhancing their digital skills, especially in creating educational content using AI tools. The session was facilitated by Ms. Jyoti, an external expert from Adobe, who guided the participants through the various features of Adobe Express. During the session, teachers explored how to use AI-generated prompts within the software to create documents, posters, worksheets, and other learning materials efficiently. The hands-on workshop allowed teachers to familiarize themselves with the interface, select templates, and customize designs suited to their classroom needs. The session emphasized skill-based learning where teachers developed the ability to generate creative and visually appealing content quickly with the help of AI. This training not only improved their technical proficiency but also empowered them to integrate modern design tools into their teaching practices. The session was highly interactive and well-received, with teachers expressing keen interest in applying these newly acquired skills to make their teaching resources more engaging and impactful.

ADOBE EXPRESS TRAINING SESSION FOR TEACHERS



ECOLOGY CLUB VI-VIII: GREEN WARRIORS

The members of the Ecology Club actively participated in an engaging session on Carbon Footprint Awareness and Audit held during the club periods on Friday, July 4th, 2025. The session began with a brief introduction to the concept of a carbon footprint—what it is, why it matters, and how our everyday choices impact the environment. Students were then guided through the process of calculating individual and collective carbon footprints using simple tools and relatable examples. The activity sparked great enthusiasm among the members, who were curious, involved, and eager to learn. They reflected on their habits and discussed ways to reduce their carbon emissions in daily life. This hands-on audit not only deepened their understanding of environmental responsibility but also empowered them to take meaningful steps toward sustainability. It was a productive and eye-opening experience for all.



HEALTH AND WELLNESS CLUB VI-VIII: AAROGYAM

On 4th July, the Health and Wellness Club of the school conducted a poster-making activity on the theme "Healthy Body, Healthy Mind". The session began with a brief discussion on the meaning of good health and how one can stay healthy through proper diet, exercise, and a positive mindset. Students were also informed about the importance of yoga and its benefits for both physical and mental well-being. This was done in connection with the celebration of International Yoga Day, observed on 21st June. The students actively participated and creatively expressed the theme through their posters.



SCIENCE CLUB VI-VIII: THE INNOVATORS

Class VI students constructed a hydraulic lift model using everyday materials like syringes, plastic tubing, cardboard, and water. This hands-on model demonstrated how fluids transmit force in a closed system, enhancing students' understanding of fluid pressure, force, and motion. The experience also fostered creativity, problem-solving, and collaboration skills.



SCIENCE CLUB VI-VIII: THE INNOVATORS

In grade VII, students actively presented a model of the “Electromagnetic crane” they had created in previous classes. A major highlight of the session was the discussion around the Seismograph Model, where students demonstrated their understanding of how a seismograph works to detect and measure earthquake vibrations. During the session, students shared their observations and ideas on building an earthquake detection model. They explored the design template, working principle, and mechanism of a seismograph. The hands-on learning experience helped students understand how seismic waves are recorded and how this data is used in real-world earthquake monitoring.



SCIENCE CLUB VI-VIII: THE INNOVATORS

Class VIII Science Club had a bustling session focused on practical innovation. The students engaged in a detailed discussion about the principles and materials required to build a vacuum cleaner, preparing them for an exciting project to construct advanced vacuum cleaners in their next class. A standout moment was a student's presentation of an artificial mini-AC, cleverly crafted from waste materials, which sparked an "innovators discussion" among the group.

The session concluded with an engaging forward-looking discussion on robot making, with students enthusiastically brainstorming ideas for future robotics projects. This meeting showcased the students' impressive creativity and their dedication to hands-on scientific exploration, setting an inspiring tone for upcoming club activities.



READER'S CLUB VI-VIII: THE PAGE TURNER

On 4th July 2025, the Readers Club organized an engaging activity titled "Know the Author", where students created informative and creative posters highlighting the lives and works of famous authors. The event aimed to deepen students' appreciation for literature and encourage independent exploration of authors' contributions to the literary world. Participants chose authors from various genres and periods, and their posters included biographical details, key works, writing styles, and interesting trivia. The activity sparked curiosity and discussion among the students, making it an enriching and interactive experience.

AUTHOR'S ALLEY



INTERACT CLUB VI-VIII: HELPING HANDS

The Interact Club meeting held on 4th July 2025 was marked by creativity and compassion. During the session, the Interactors enthusiastically crafted beautiful Rakhi's as part of a special initiative. These handmade Rakhi's will be sold, and the proceeds collected will be used to support the underprivileged. The activity not only showcased the students' artistic talents but also reflected their dedication to social causes. It was a meaningful event that blended tradition with service, embodying the true spirit of the Interact Club.



ECOLOGY CLUB IX-XII: GREEN WARRIORS

On 4th July, the Ecology Club conducted a session focused on the upcoming event "Ek Ped Maa Ke Naam." During the Club period, students actively discussed and shared implementation ideas for the event, outlining steps for plantation drives and awareness initiatives dedicated to honoring motherhood through environmental action. Additionally, students engaged in a quiz practice session based on the theme "Insects," in preparation for the upcoming quiz competition to be conducted by WWF. The session was interactive and aimed at promoting ecological awareness and responsibility among students.



HEALTH AND WELLNESS CLUB IX-XII: AAROGYAM

Sugar Awareness Board Display

As part of the CBSE Health and Wellness initiatives, the Health and Wellness Club of our school has prepared a Sugar Awareness Board to sensitize students and staff about the harmful effects of excessive sugar consumption. Displayed prominently in the school dining area, the board highlights the “Do’s and Don’ts of Sugar Intake”, including practical tips to reduce sugar in daily diets. The display educates viewers on how high sugar consumption can lead to obesity, diabetes, tooth decay, and other lifestyle diseases. It also promotes healthier alternatives such as fresh fruits, natural sweeteners, and reading food labels to avoid hidden sugars. The vibrant and interactive board serves as a constant reminder for the school community to make mindful choices for better health and wellness.



HEALTH AND WELLNESS CLUB IX-XII: AAROGYAM

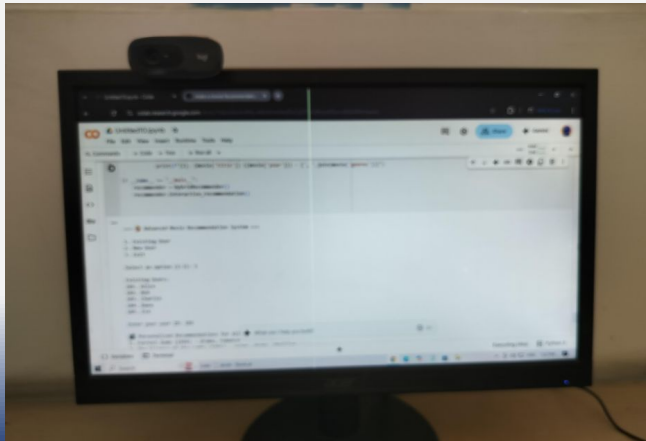
This week, the Senior Health and Wellness Club conducted an engaging and informative session titled “Power in Your Plate: Beat Anaemia the Smart Way.” The activity aimed to raise awareness about anaemia, its impact on student’s health and academics, and simple dietary changes to prevent it. The session began with an explanation of anaemia, its symptoms (like fatigue and poor concentration), and causes (such as iron-deficient diets). Students participated in a fun “Food Detective” activity, where they identified iron-rich foods from different food groups and created their own “Power Plates” using colourful charts. A mock haemoglobin chart was also displayed to help students understand healthy levels and the importance of regular check-ups. To make the session interactive, a quick quiz tested their knowledge about iron-rich diets, and winners were awarded healthy snack packs. The session concluded with practical tips on including iron and vitamin C-rich foods in daily meals and avoiding habits that hinder iron absorption. The activity received an enthusiastic response, empowering students to make smarter food choices and spreading the message that “Healthy Plates = Healthy Minds.”



COMPUTER CLUB IX-XII: TECHSPARK

The computer club students learned to build Movie Recommendation System:

A Movie Recommendation System is an AI project that suggests movies to users based on their preferences and behavior. It can be built using collaborative filtering, content-based filtering, or a hybrid approach. The system analyzes user ratings, movie genres, and similarities between user profiles to generate personalized recommendations. Tools like Python, pandas, scikit-learn, or deep learning frameworks are often used to implement this system, making it a valuable application in entertainment platforms.



JOURNALISM CLUB IX-XII: THE BROADCASTERS

The members of the Journalism Club discussed duties and roles for the upcoming inter school event *Mélange*. Members were assigned tasks such as reporting, editing, photography, and layout designing for the event e-newsletter. The team collaborated actively, ensuring timely and creative coverage of *Mélange* through a well-structured publication.



HERITAGE INTACH CLUB IX-XII

The Heritage Club of Pragyan School conducted its concluding session on the Coaster Activity on 4th July 2025. Students showcased vibrant representations of Indian art forms through their coaster designs, celebrating the diverse cultural heritage of various states. The session concluded with a reflective discussion and final suggestions to enhance future projects. Additionally, students were introduced to the second poster-making activity in preparation for Independence Day. They enthusiastically shared ideas and shortlisted topics blending India's traditional heritage with modern advancements across sectors, setting the stage for a thoughtful and creative celebration in August.



ECOLOGY TIP



Say NO to ewaste!

It's time to recycle, reuse and create an Eco friendly India

See no ewaste pollution. Envision a clean & green India

Hear no environmental pollution due to incorrect ewaste disposal

Say no to direct ewaste disposal.



HEALTH AND WELLNESS TIP



🔴 Beat Anaemia, Boost Your Energy!

- **Eat Iron-Rich Foods Daily** – Include spinach, jaggery, dates, lentils, rajma, soya, eggs, and meat in your meals.
- **Pair Iron with Vitamin C** – Add fruits like oranges, amla, guava, or lemon juice to help your body absorb iron better.
- **Avoid Tea & Coffee with Meals** – They block iron absorption. Drink them at least 1 hour after meals.
- **Don't Skip Meals** – Especially breakfast! A healthy start keeps your energy up all day.
- **Stay Active & Hydrated** – Good blood flow supports better nutrient delivery in the body.

★ **Strong blood = Sharp mind = Healthy you!**



TIP OF THE WEEK

Lessons to Teach Your Kids for a Happy Life

Value & respect differences in others, & embrace diversity in all its forms.

Find activities they enjoy & pursue them with passion & dedication.

Build strong relationships with family, friends, & others in their lives.

Bounce back from setbacks & stay positive in the face of adversity.

Be thankful for what they have, & express their gratitude to others.

Embrace failure.

Take responsibility for their actions & make good choices.

Enjoy life & find joy and happiness in all that they do.

Treat others with kindness & respect, & look for ways to help those in need.

Take care of themselves physically, emotionally, & mentally.



CIRCULARS SHARED DURING THE WEEK

- **Introduction of Evening Sports Academy (EASP) for Classes Nursery to II shared on 1st July 2025.**
- **Mock Mathematics Test for Class VI – 7th July 2025 shared on 4th July 2025.**

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