



**TIMES  
SCHOOL SURVEY  
2019**  
**Ranked No. 1**  
as school leaders in Greater  
Noida by the Times of India  
Survey 2019



**PRAGYAN  
SCHOOL**

# WEEKLY CIRCULAR SENIOR

25<sup>th</sup> OCTOBER 2024  
(CIR/PS/131/2023-24)

# OPEN FORUM

On 21st October 2024, during the open forum, students debated whether community service should be a mandatory part of the school curriculum. The participants presented strong arguments both for and against the idea. Those in favor emphasized that community service instills empathy, social responsibility, and practical skills, helping students become well-rounded individuals. They argued that it fosters a sense of giving back to society. However, the opposing side raised concerns about the additional pressure on students' already demanding schedules. They argued that community service should be voluntary, allowing students to engage based on personal interest rather than obligation.



# YOGA IX-XII

On Friday, 25th October 2024 calisthenics exercises were conducted during the morning assembly. These exercises are simple, require no equipment, and improve overall strength, flexibility, and coordination. Led by the Health and Wellness Club, calisthenics encourages students to develop lifelong healthy habits and focus on their well-being. As a group activity, it fosters teamwork and enhances mental alertness, setting a positive tone for the day ahead.



# ARTIST OF THE MONTH

**Navya of class XI B artistic talents continue to shine. She earned the title of "Artist of the Month" for her beautiful flower pot creation. Her work stood out for its creativity, detail, and originality. Additionally, Navya secured the second position in an interschool competition for Boho art, showcasing her unique ability to blend intricate patterns and free-spirited designs. These achievements highlight her growing skill set and dedication to exploring different art forms. Keep up the great work, Navya!**



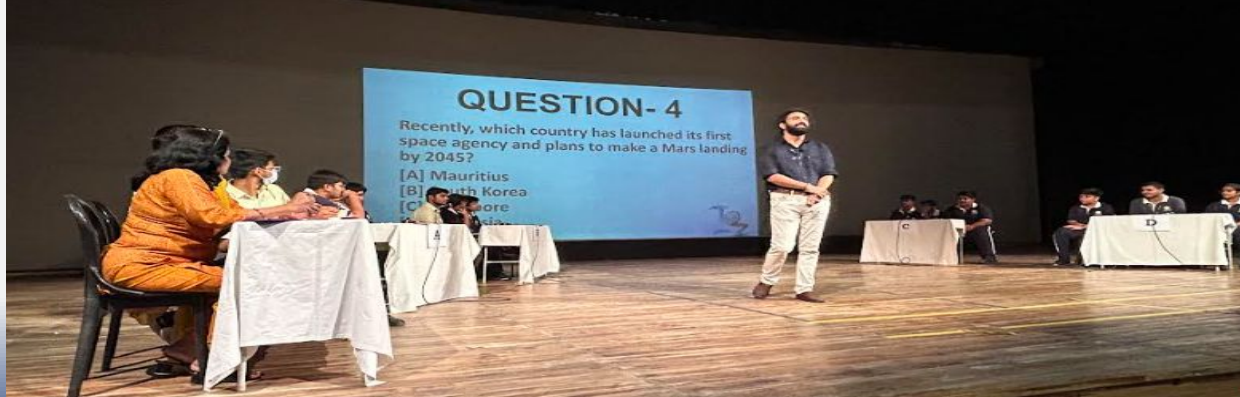
# INTERCLASS COMPETITION IX-XI

Inquisitive Annual Current Affairs Quiz Competition was held at our school on 24th October, 2024 engaging students from classes IX-XI. This event was not only a test of knowledge but also provided an engaging platform for students to showcase their awareness of contemporary issues. Four teams competed fiercely, participating in three rounds that challenged their quick thinking, recall, and analytical abilities.

In a bid to make the competition more dynamic and interactive, the quiz incorporated audiovisual questions, which were well-received by both participants and audience members. The three rounds comprised a mixed bag of questions from recent events, global news, and visual stimuli, creating a stimulating environment that kept everyone on the edge of their seats.

After a fierce battle of wits and nerves among four teams, Team A comprising: Aryan Jain (XI A), Ayan Bhatnagar (X A) & Ayan Agarwal (X A) emerged victorious, displaying outstanding performance throughout the event. Team B comprising: Yash Mavi XI C, Roshi Jain XI C & Sidharth Kumar X A, was a close runner-up, impressing everyone with their enthusiasm and depth of knowledge.

# INTERCLASS COMPETITION IX-XI



# CELEBRATING DIWALI IN A CREATIVE WAY

The session in Class VII C by the school counselor on celebrating Diwali in a creative and eco-friendly way was both insightful and engaging. The aim was to encourage students to think beyond traditional celebrations and find ways to make the Festival of Lights both sustainable and meaningful. Students were encouraged to brainstorm and share ideas on celebrating Diwali in an environmentally friendly manner. Some of the popular suggestions included: Using DIY, biodegradable decorations made from natural elements like leaves, flowers, and recycled paper. Lighting up homes with clay lamps (diyas) and LED lights instead of high-energy-consuming lights. Planting saplings as a part of the celebration to bring greenery into the surroundings.

The session also highlighted the importance of showing gratitude during Diwali. Students were encouraged to think of ways to express thankfulness to those who contribute to their lives, including family members, teachers, friends, and community helpers. Many students expressed plans to make handmade "thank you" cards, help their family with Diwali preparations, and share sweets with neighbours and those in need.

The discussion brought out a sense of responsibility among the students and left them with creative ideas to celebrate Diwali in a way that aligns with both tradition and environmental consciousness.

# CELEBRATING DIWALI IN A CREATIVE WAY



# INTERACT CLUB VI-VIII: HELPING HANDS

## **"Vistara" - The District Interact Fest**

The Interact Club is participating in "Vistara" - The District Interact Fest, scheduled for the 3rd week of October. As part of this project, the club organized four activities on Day -1.

**Community Service:** Interactors, accompanied by Ms. Rashi, visited SADRAG, an NGO located in Nagla, Noida. The NGO focuses on women's development. Together, they conducted a workshop on preparing and decorating Puja thalis. The participants created beautiful Puja thalis to be sold during the Diwali Mela.

**Gratitude Graffiti Wall: 'A Canvas of Thankfulness'** This festive season, our Interactors created a heartfelt display by writing down things they are thankful for. A soft board with inspirational posters was prepared to express gratitude, fostering a spirit of reflection, appreciation, and positivity.

**Education for All: 'Empowering Through Knowledge'** Interactors shared their skills by teaching numbers and counting to the school's helping staff, promoting inclusivity and literacy.

**Awareness Drive: 'Say No to Crackers, Save the Environment'** Interactors launched an awareness campaign, creating informative and colorful posters to highlight the environmental pollution caused by burning crackers. They explained the severe consequences of increasing pollution and urged students from all classes to refrain from buying and lighting crackers.

# INTERACT CLUB VI-VIII: HELPING HANDS



# VISTARA" - THE DISTRICT INTERACT FEST

'SANKALP - PLEDGE WITH PURPOSE' Day -2 activity. The District Interact Fest, 'Sankalp', focuses on mindful celebrations of festivals. Project Chair, ZIR Reva Sharma, led the initiative, encouraging students to take a pledge to Promote sustainable celebrations and Inspire thoughtful actions. Through this project, we aim to foster a culture of responsibility and eco-friendly practices.



# ECOLOGY CLUB IX-XII: GREEN WARRIORS

Ecology Club visited the school's composting area to learn about the composting process and the benefits of sustainable waste management. They explored the school's three compost pits and three additional pits set up by the HCL Foundation, observing how organic waste decomposes into nutrient-rich compost. Additionally, they participated in sapling-making activities, learning techniques for nurturing young plants and understanding the role of saplings in preserving biodiversity. The experience enriched their environmental awareness and practical gardening skills.



# HEALTH AND WELLNESS CLUB IX-XII: AAROGYAM

This week, in health and wellness club period session was conducted to raise awareness among students about the health issues caused by burning crackers during Diwali. The session began with a discussion on how firecrackers release harmful pollutants into the air, leading to respiratory problems, allergies, and even long-term health complications for people of all ages. Students were encouraged to understand the impact of air pollution on physical health, especially for those with asthma or other respiratory conditions.

The session highlighted alternatives to traditional firecrackers, focusing on ways to celebrate Diwali that protect both personal and environmental health. Students shared ideas for eco-friendly celebrations, such as decorating with diyas and lights, creating rangolis, and spending time with family. This session aimed to inspire students to take personal responsibility for their health and contribute to a cleaner, safer environment while celebrating the festival of lights responsibly.



# JOURNALISM CLUB IX-XII: THE BROADCASTERS

24 October 2024. The Journalism Club organized a lively and thought-provoking speech session on the topic “Which Education System is Better: Western or Indian?” This engaging session saw enthusiastic participation from students of Classes IX-XII, who were eager to present diverse perspectives on the strengths and weaknesses of both systems. The session aimed to encourage critical thinking, enhance public speaking skills, and foster a well-rounded understanding of different global education systems among students. It also intended to shed light on what constitutes an effective education model by examining two distinct approaches.



# INTERACT CLUB IX-XII: HELPING HANDS

The Interact Club held its weekly meeting on Friday, 25th October. During the meeting, Interactors discussed the ongoing District project, Vistara, and planned the celebration of Interact Week. Ms. Roja, in charge of the club, briefed the members about the theme of the Interact video submission. The Interactors who enthusiastically participated in the Blood Donation awareness drive by creating and circulating posters were appreciated for their efforts.



# ECOLOGY CLUB TIP

## Purify the air in your home with these indoor plants



Find out about  
the TOP 10  
air-purifying  
plants 👉



# HEALTH AND WELLNESS TIP



## Healthy Lifestyle Tips

**Remember,**  
most of your stress comes  
from the way you respond,  
not the way life is. Adjust your  
attitude, and all that extra  
stress is gone.





# TIP OF THE WEEK

## Intentional Parenting 10 tips to parent with purpose

USE POSITIVE  
AFFIRMATIONS

INSTILL  
GRATITUDE

BE PRESENT

EXPOSE THEM TO  
NEW THINGS

DON'T LET YOUR  
PERCEPTION BECOME  
THEIR REALITY

SHOW THEM  
YOUR FEARS  
(AND HOW YOU OVERCOME THEM)

TEACH THEM  
GRIT

REPLACE "CAN'T"  
WITH "NOT YET"

RESPOND, DON'T  
REACT

SHOW THEM  
LOVE



# CIRCULARS SHARED DURING THE WEEK

- Deepawali Break shared on 25th Oct 2024.

<https://pragyanschool.com>

<https://www.facebook.com/pragyanschool>

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<https://www.youtube.com/PragyanSchoolGreaterNoida>