

TIMESNOW

Pragyan School

'Ranked No. 1

*as SCHOOL
LEADERS of Greater
Noida'*



**PRAGYAN
SCHOOL**

Greater Noida

(Affiliated to C.B.S.E.)

**BRITISH
COUNCIL**

**Recognition of
International
Dimension in
Schools
2025-2027**



WEEKLY CIRCULAR SENIOR

**12th DECEMBER 2025
(CIR/SC/31/2025-26)**

INTERSCHOOL ATHLETICS MEET

Pragyan School, Greater Noida, successfully hosted a dynamic Inter-School Athletics Meet on 11th December, drawing enthusiastic participation from several reputed institutions in the region. Young athletes from 15 schools such as Lotus Valley International School (Noida Extension), Delhi World Public School (Noida Extension), Indus Valley Public School (Noida), Somerville School (Greater Noida), and the host Pragyan School competed with great zeal and sportsmanship. The meet featured a range of thrilling events across various age categories. Students competed in track races such as the 100m, 200m, and 400m sprints, along with high-energy relay races that kept the audience cheering. Field events like shot put and long jump showcased the strength, skill, and technique of the participants, adding to the competitive spirit of the day. The atmosphere at the sports ground was electric as young athletes demonstrated determination, discipline, and teamwork. Their impressive performances reflected rigorous training and the true essence of competitive athletics. The day concluded with a celebratory prize distribution ceremony, applauding the achievers and honoring the spirit of fair play. With this successful meet, Pragyan School reaffirmed its commitment to nurturing holistic development and promoting excellence in sports.



ACHIEVEMENTS

Pragyan School is proud to share that Vedansh Singh of Class X successfully completed the AI Tinkerpreneur Programme, a one-month experiential course focused on Artificial Intelligence, creativity, and innovation. During this programme, Vedansh explored real-world applications of AI and developed an original idea using the skills acquired. His learning journey culminated at the India AI Impact Festival 2025, held on 17–18 November at the Dr. Ambedkar International Centre, New Delhi, where he earned a Certificate of Participation. The school congratulates Vedansh for his enthusiasm, dedication, and commendable achievement.



LIFE SKILL SESSION : VII

To help adolescents develop essential skills for managing real-life challenges, life skills sessions were organized for the students. As part of this program, Class VII participated in an activity focused on strengthening interpersonal relationships.

During the session, students reflected on what friendship means to them and identified the key qualities of a good friend. They also shared their thoughts on the significance of friendships across different ages and stages of life. The activity concluded with students reminiscing about their first friend and a cherished memory associated with that friendship.



ATL SESSION VI

The objective of the ATL session was to introduce students to basic robotics and drone technology. Students learned how drones fly, the science behind their movement, and how racing bots operate. The aim was to build curiosity, improve technical awareness, and encourage hands-on learning in STEM. Students understood how drones fly and how racing bots operate, including key components and control mechanisms. They gained confidence through live demonstrations and developed curiosity toward robotics. The session improved their basic technical awareness and taught them essential safety rules for operating drones and robots responsibly.



ATL SESSION VII

The objective of the ATL session was to help students understand how an obstacle avoidance car works using sensors and motors. The aim was to build technical awareness, introduce basic robotics, and encourage logical thinking by showing how sensors help machines make decisions automatically.

Topics to be Covered

- Introduction to obstacle avoidance robots
- Working of ultrasonic sensors
- Role of Arduino/microcontroller
- Motor driver and DC motors
- Logic behind automatic turning and stopping
- Real-life applications of obstacle detection
- Live demo of sensor-based movement



ATL SESSION VIII-IX

The objective of this session was to teach students proper lab management by counting and arranging electronic components systematically. The aim was to develop organizational skills, attention to detail, and an understanding of how well-maintained inventory supports project work efficiently.

Topics to be Covered

- Counting all components in the lab
- Categorizing items (sensors, modules, motors, wires, tools)
- Updating inventory records
- Proper storage techniques for easy access
- Ensuring components are ready for upcoming projects



PRAGYAN PLUS INITIATIVE

We are pleased to inform you that Mr. Rohit Arora from Pragyan School visited RIT College on 28 November 2025 to explore a potential collaboration that will benefit our students. RIT introduced their flagship experiential learning platform, Tiger STRIPES, which offers valuable opportunities such as virtual internships, skill-building workshops, power-skills courses, and student competitions. These programs enable learners to earn globally recognised certificates and badges while developing essential skills in leadership, communication, teamwork, and problem-solving. The proposed partnership aims to provide Pragyan students with flexible, world-class learning experiences that enhance their academic and career preparedness. We look forward to creating enriching pathways that support our students' future aspirations.



PRAGYAN PLUS INITIATIVE: MURAL ART WORKSHOP

A special Mural Art Workshop was conducted on 11th December in collaboration with the Kiran Nadar Museum of Art. The workshop aimed to introduce students to the rich tradition of mural-making across ancient civilizations and highlight how wall art has served as a universal form of storytelling.

A total of 50 students from Classes VI-IX and XI enthusiastically participated in the session. The workshop began with an engaging presentation explaining how Assyrian and Egyptian civilizations used murals to portray rulers, gods, battles, and everyday life. Students learned how these civilizations documented their history, beliefs, and culture through large-scale wall paintings. The resource person also connected these global mural traditions with Indian heritage, such as the Ajanta murals and temple paintings, showing similarities in narrative style and purpose. Students further explored how traditional Indian artists used natural materials, including Multani Mitti (Fuller's Earth), as a base layer for preparing walls and creating warm earthy tones in mural art. This helped them understand how natural pigments were essential in ancient artistic practices.

Following the discussion, students engaged in a hands-on activity using watercolors to create their own mural-inspired artworks. They were encouraged to depict a story or meaningful moment from their own lives, applying techniques and ideas learned from ancient and Indian mural traditions.

The workshop proved to be highly enriching and insightful. Students gained a deeper appreciation for the cultural and historical significance of murals while also enjoying the creative process of making their own artwork. The collaboration with the Kiran Nadar Museum of Art offered a valuable learning experience for all participants.

PRAGYAN PLUS INITIATIVE: MURAL ART WORKSHOP



PRAGYAN PLUS INITIATIVE:

WATERCOLOUR PORTRAIT WORKSHOP

A Watercolour Portrait Workshop was successfully conducted today at our school for the students of classes 6 to 9 and 11. The session was facilitated by Shri Brajesh Sharma, an accomplished artist known for his expertise in portraiture and watercolour techniques.

The workshop aimed to introduce students to the fundamentals of watercolour portrait making, including understanding facial proportions, brush techniques, colour blending, and layering. Shri Brajesh Sharma guided the students step-by-step, demonstrating how to create expressive and balanced portraits using simple yet effective methods.

Students enthusiastically participated in the activity, experimenting with colours, strokes, and textures. For many, it was their first experience working with watercolours for portrait-making, and they displayed great creativity and curiosity throughout the session.

By the end of the workshop, each student proudly showcased their completed portrait artwork. The room was filled with vibrant and expressive paintings, reflecting not only their learning but also their artistic imagination. The school appreciates the efforts of Brajesh Sharma Sir for conducting such an insightful and inspiring session. We also applaud all the participating students for their active involvement and commendable artwork.



PRAGYAN PLUS INITIATIVE

SCIENCE & TECHNOLOGY VILLAGE (IISF 2025) VISIT

Pragyan School's delegation consisting of Ms. Anshu Kumari and six student delegates, Arihant Jain, Abhinav Sinha, Ranvvir Rao, Arjoon Rao, Atharv Shukla and Prithvi Chandra from class VIII-IX successfully participated in the India International Science Festival (IISF) 2025 Science & Technology Village, "The New Nalanda," in Chandigarh from 6th Dec –9th Dec 2025.

The visit provided our students with unparalleled exposure to national leaders and diverse scientific fields, making the experience highly impactful. The students had the unique privilege of interacting with a remarkable line up of renowned personalities, including: Astronaut & Space Exploration: Indian Astronaut Shubhanshu Shukla (seminar and dynamic Q&A session), former ISRO Director Dr. Somnath, and the current ISRO Director, gaining rare insight into India's space achievements. Honorable Minister of Science and Technology, Dr. Jitendra Singh, the Minister of Earth and Science, the Chief Minister of Haryana, and other respected Central Ministers. The talks emphasized the role of youth in scientific entrepreneurship and achieving Atma Nirbhar Bharat , along with Vijnana Bharati Director, Shri Praveen Ramdas, and dedicated educators like Prem Sir (who led the hands-on Physics session).

Students engaged in hands-on Physics activities, attended a focused Biology class on human chromosomes, and explored complex concepts like Fermat's Last Theorem in the Mathematics session. Students explored various stalls at the science exhibition and enjoyed cultural events, including a concert by Punjabi singer Jassi.

The entire delegation benefited immensely from the exposure and golden opportunities provided by the organizers, including IITM, VIBHA, and all associated agencies. The visit successfully cultivated scientific temper and inspired our students toward future innovation

PRAGYAN PLUS INITIATIVE



ARTIST OF THE MONTH: NOVEMBER

We are delighted to announce that **Jeevika of Class VIII** has been selected as the *Artist of the Month* for November. She showed remarkable interest and enthusiasm during the Sculpture Workshop, actively participating in each activity with focus and creativity. Her willingness to learn new techniques and her thoughtful approach to shaping forms truly stood out. Congratulations to Jeevika for her dedication and artistic spirit!



INTER-SCHOOL COMPETITION

Students from the senior grades participated in the inter-school events at **Ramagya School, Noida**, where they showcased their exceptional talents and skills in the **Robo Race** competition, securing a winning position. The event provided a valuable learning experience, allowing students to gain new insights and broaden their understanding in the field of robotics and innovation.

NAME OF THE SCHOOL	NAME OF THE EVENT	NAME OF THE PARTICIPANTS	POSITION ACHIEVED
RAMAGYA SCHOOL, NOIDA	ROBO RACE	TANMAY SHARMA 12A MANAS SHARMA 12A ANKUR SINGH 12B	2 ND POSITION

HEALTH AND WELLNESS CLUB

VI-VIII: AAROGYAM

A session was conducted in the Health and Wellness Club on “Habits to Keep Yourself Disease-Free During Winter.” The teacher explained the importance of personal hygiene, strong immunity, and healthy habits like eating warm, nutritious food and staying hydrated. The session also stressed regular exercise and simple yoga practices such as pranayama to improve immunity during winter. Students were also guided about proper layering of clothes and keeping their surroundings clean. They participated actively and asked relevant questions. Overall, it was an informative session that encouraged students to follow a healthy lifestyle in winter.



SCIENCE CLUB VI-VIII: THE INNOVATORS

Students of class VI created interactive models of a jumping frog and dancing doll using ring magnets, exploring magnetic attraction and repulsion. The activity developed problem-solving skills, creativity, and hands-on understanding of magnetism, promoting engaging STEM learning. Students of class VII enthusiastically created various smart appliances to enhance safety, security, and accessibility in daily life. They designed models such as a smart air purifier, carbon absorber, and magnetic security device, learning how filters, sensors, and magnets work. Students also explored ideas like smart fire alarms, water leak detectors, automatic light systems, and climate monitors. Through this activity, they developed creativity and understood how simple scientific principles can be applied to make modern homes safer and more efficient. Students of Class VIII participated in the Smart City Model project, with one group successfully developing a model for Smart Attendance, while other students concentrated on preparing presentations for their respective models.



COMPUTER CLUB VI-VIII TECHSPARK

The students of the computer club learnt how to use MS-Access, a simple yet powerful database management tool. They understood how to create tables by entering field names, choosing appropriate data types, and setting a Primary Key to uniquely identify each record. They also learnt how to link two tables using a Foreign Key, which connects the primary key of one table to a related field in another table, helping maintain proper relationships and consistency of data.



READERS CLUB VI-VIII: THE PAGE TURNERS

Turning Pages Through Technology

On 12 December 2025, the Readers' Club conducted an enriching activity on the role of technology in shaping modern reading habits, highlighting how digital tools can influence and engage today's readers. The activity introduced students to flipbooks, audiobooks, online reading platforms, and Kindle devices, showcasing how these formats make reading more accessible and enjoyable. A creative twist was added through explorations of "Bookflix," "Spotify Audiobooks," and "Bookstagram," which combine entertainment and social sharing to spark interest in books, along with a segment on books adapted into movies to show how stories come alive across different media. Through this activity, students discovered new arrivals of the year, trending titles, and recommended books from friends and trusted reading sites, as well as various free online reading platforms, helping them understand how technology broadens their reading choices and keeps them connected with current literary trends.



INTERACT CLUB VI-VIII: HELPING HANDS

The Interact Club conducted its weekly meeting where students actively discussed the upcoming woollen cloth donation drive and the gift and stationery donation drive for underprivileged children. Members proposed ways to encourage wider student involvement and outlined a systematic plan for collecting and organising the donated items. The meeting concluded with students taking up responsibilities to ensure the drives are executed smoothly and meaningfully.



HEALTH AND WELLNESS CLUB IX-XII: AAROGYAM

The students of the Health and Wellness Club engaged in an insightful session on mindfulness today. They explored the meaning of mindfulness and reflected on why being present and aware is essential in managing emotions, reducing stress, and improving overall well-being.

During the session, students were introduced to the 5-4-3-2-1 grounding technique, a simple yet powerful strategy that helps calm the mind by focusing on the senses. They practiced identifying five things they could see, four they could touch, three they could hear, two they could smell, and one they could taste or imagine tasting.

To deepen their understanding, the students also participated in a reflective sharing activity where they spoke about two positive experiences and two challenging moments from their day. This exercise encouraged emotional awareness, self-reflection, and mindful acknowledgment of both pleasant and difficult experiences.



SCIENCE CLUB IX-XII: THE INNOVATORS

The ATL lab of the school featured in the ATL SCHOOL OF THE MONTH for August and October 2025



THIS CERTIFICATE IS PRESENTED TO

PRAGYAN SCHOOL GAUTAM BUDDHA NAGAR

FOR FEATURING IN THE ATL SCHOOL OF THE MONTH FOR
August 2025

KEEP TINKERING AND KEEP INNOVATING

Chintan Vaishnav

Dr. Chintan Vaishnav
(Mission Director, Atal Innovation Mission - NITI Aayog)



THIS CERTIFICATE IS PRESENTED TO

PRAGYAN SCHOOL GAUTAM BUDDHA NAGAR

FOR FEATURING IN THE ATL SCHOOL OF THE MONTH FOR
October 2025

KEEP TINKERING AND KEEP INNOVATING

Chintan Vaishnav

Dr. Chintan Vaishnav
(Mission Director, Atal Innovation Mission - NITI Aayog)



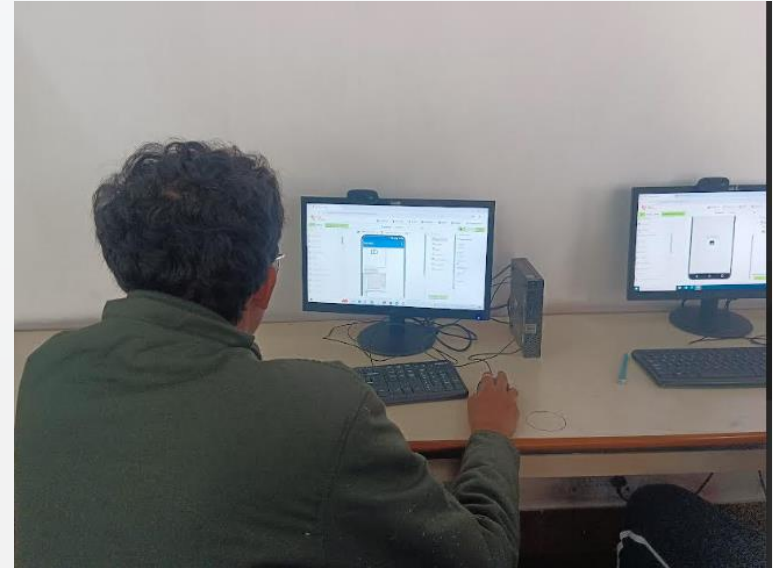
JOURNALISM CLUB IX-XII: THE BROADCASTERS

The Journalism Club conducted a focused activity on 12 December 2025, where members held an in-house debate on the topic, “Fast Forward Fashion is Against the SDGs.” The students exchanged views on how fast fashion promotes overconsumption and harms the environment and workers of fashion industry. The discussion also touched upon ideas of mindful buying, recycling clothes and supporting ethical brands. Though the points were not based on detailed research, the activity encouraged spontaneous speaking, critical thinking and sensitivity towards sustainable lifestyle choices



COMPUTER CLUB IX-XII: TECHSPARK

Students from Classes IX & XI gained hands-on experience in creating mobile applications using MIT App Inventor, working with both design and coding tools through an easy drag-and-drop interface. They explored various components such as buttons, images, text boxes, sensors, and layouts to build user-friendly and visually appealing interfaces. Along with the design aspect, they also learnt to apply logical thinking through programming, enabling their apps to respond to user actions, process information, and perform specific tasks. Through this engaging and interactive process, students combined creativity with problem-solving skills to develop functional apps, gaining valuable exposure to real-world application development and building a strong foundation in computational thinking



INTERACT CLUB IX-XII: HELPING HANDS

The Interact Club held its weekly meeting on Friday, 12th December. The agenda included discussing ongoing initiatives, a woollen clothes donation drive with Gleeman Foundation, and a blood donation camp on 27th December. Interactors spread the word about the donation drive, encouraging students to donate clothes in good condition. They were also tasked with creating digital posters to bust myths about blood donation.



HERITAGE INTACH CLUB IX-XII

The Heritage Club of Pragyan School conducted a meaningful reflection activity on 12.12.25 where students revisited all the sessions held throughout the year. They reflected on enriching experiences such as the Madhubani art workshop, *From Heritage to Metropolis* presentation, documentaries like *Handmade in India* and *Hampi*, and debates on themes such as religious change, migration, and civic responsibility. Students also recalled the AI-generated Indus Valley session, patriotic film screenings, and the “India at 78” reflective writing task.

As they shared their insights, many expressed how these activities strengthened their cultural awareness, broadened global perspectives, and nurtured empathy, creativity, and pride in India’s heritage. The session helped them recognise how the club’s diverse engagements inspired personal growth and a deeper commitment to preserving and celebrating heritage.



Eating local not only supports local farmers and venues, but your food travels less from farm to table. Less “food miles” means fewer carbon emissions. Vegetables that are organically grown on small family farms are not only [free from pesticides](#) but also taste better and have more nutrients.

ECOLOGY TIP



The Problem → **The Solution**

Increasing carbon emissions from the fast-food industry

Cook your own meal using locally grown ingredients

HEALTH AND WELLNESS TIP



8 AMAZING HEALTH BENEFITS of EATING DRY FRUITS

- ✓ Immunity Booster
- ✓ Reducing Calories
- ✓ Skincare Benefits
- ✓ For Gut Health
- ✓ Bone Health
- ✓ Helps in Body Building
- ✓ Beneficial for Hairs
- ✓ Beneficial in Pregnancy



TIP OF THE WEEK

1. CHILDREN NEED A MINIMUM OF 8 TOUCHES DURING A DAY TO FEEL CONNECTED TO A PARENT.

If they're going through a particularly challenging time, it's a minimum of 12 a day. It could be as simple as the straightening of a collar, a pat on the shoulder or a simple hug.



2. EACH DAY, CHILDREN NEED ONE MEANINGFUL EYE-TO-EYE CONVERSATION WITH A PARENT.

It is especially important for babies to have that eye contact, but children of all ages need us to slow down and look them in the eyes.



3. THERE ARE 9 MINUTES DURING THE DAY THAT HAVE THE GREATEST IMPACT ON A CHILD:



* The first 3 minutes right after they wake up

* The 3 minutes after they come home from school



* The last 3 minutes of the day before they go to bed



WE NEED TO MAKE THOSE MOMENTS SPECIAL AND HELP OUR CHILDREN FEEL LOVED. ❤️

CIRCULARS SHARED DURING THE WEEK

- **Reminder - Class VI EVS SAFAL Exam on Saturday, 6th December shared on 3rd Dec 2025.**
- **Reminder: “Maa se Mann ki Baat” Session for Mothers of Classes VI–VIII – 6th December 2025 shared on 3rd Dec 2025.**
- **Class Group Photograph Schedule (Nursery–XII) shared on 4th Dec 2025.**
- **Reminder – SOF National Science Olympiad on 11th December 2025 shared on 8th Dec 2025.**
- **Regular classes till 4:00 pm w.e.f. 9th December 2025 shared on 8th Dec 2025**
- **Online Quiz Competition by NPCL (Classes VII to IX) shared on 11th Dec 2025**
- **Pre Board-2 Schedule (Class X & XII) shared on 11th Dec 2025**
- **Educational Outing to Surajpur Wetland (Class VII) shared on 11th Dec 2025.**
- **Educational Outing to Jantar Mantar (Class VI) shared on 11th Dec 2025.**
- **IIT Bombay Makerspace Winter Workshop 2025 (Classes VIII to XII) shared on 11th Dec 2025**
- **Mandatory Uniform Guidelines for Students of Classes VI to XII shared on 12th Dec 2025.**
- **Reminder – Class Group Photographs (15th–17th December 2025) shared on 12th Dec 2025.**

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