



**TIMES
SCHOOL SURVEY
2019**
Ranked No. 1
as school leaders in Greater
Noida by the Times of India
Survey 2019



 **BRITISH
COUNCIL**
**International
Dimension in Schools
2022-25**



**PRAGYAN
SCHOOL**

WEEKLY CIRCULAR SENIOR

9th DECEMBER 2022
(Cir/PS/70/2022-23)

ASSEMBLY VI-VIII

Class VIII-A conducted the assembly this week .Students presented a talk on Walt Disney's life . They also mocked an interview with Walt Disney and conducted a quiz. During the debate day, students shared their views on the topic- Book smart are better than street smart. As part of the talent display they presented nukkad natak on the topic 'Addiction to Mobile'. A beautiful instrumental performance, book review, talk about Basketball and points to overcome examination stress were shared by the class students .



FIT INDIA SCHOOL

Under the Fit India program students from classes 9 to 12 did the calisthenics exercises on Friday 2nd December. Fit India Mission encourages people to become part of Fit India Movement by inculcating at least 30-60 minutes of physical activities in their day to day lives. The mission of the Movement is to bring about behavioral changes and move towards a more physically active lifestyle.



ENRICHMENT ACTIVITY VIII

Students of grade VIII BC performed displacement reactions in the chemistry lab as part of their science enrichment activity. They also wrote their observations in an experiment format.



ATL SESSIONS VII

During the ATL session students were explained about the circuit diagram of 555 IC and LED chaser. Students also saw the simulations of 'LED CHASER'. Students' queries were also answered.



ARYABHATA GANIT CHALLENGE-2022 VIII-X

Āryabhata Ganit Challenge-2022 conducted by CBSE, stage -1 was conducted on 2 Dec 2022 for the classes VIII-X. A computer based test for stage -2 will be conducted by the board on 15th December 2022. We congratulate the following students for being selected for the Stage -2.

Krishiv Goyal IXB, Reva Sharma IXB, Rakshit Katiyar XA.



INTERCLASS SPORTS COMPETITION

Students of classes VI-XI participated in various Athletics events conducted by Greater Noida World school on 3 Dec 2022. We congratulate our following winners .

Name of the event	Name of the Student	Position Achieved
50 meters Race	Komal Singh VII A	First Position
50 Meters Race	Kabir Khan VIIC	Second Position
200 Meters Relay race	Annika Anand VIIC Komal Singh VIIA Nandini Singh VIIB Sonali Rani VIIC	Third Position
Shot put throw	Ashish Nagar XIB	First Position

INTERCLASS SPORTS COMPETITION



INTER-CLASS MATHEMATICS QUIZ VI-VIII

The screening round of the Mathematics quiz as part of National Mathematics Day was conducted in respective classes on 08-12-22. All the students of classes 6-8 participated in the screening round. Questions of Mental Maths were asked in the screening round. Shortlisted candidates will be participating in the final round of the quiz on 21st December which will be conducted in the form of an interclass competition.



HEALTH & WELLNESS CLUB



Healthy Lifestyle Tips

6 Ways to a Better Memory





ECOLOGY CLUB

“Wildlife in the world can only be protected by the love of compassionate hearts in the world!”






TIP OF THE WEEK



How to nurture a child's mental health



- Actively listen before offering your advice
- Be patient
- Share your feelings and validate theirs
- Tell the truth
- Model healthy behavior
- Surround them with healthy adults
- Be consistent and follow through with what you promise
- Teach them how to be safe
- Believe them and in them
- Use open ended questions
- Have scheduled family time
- Limit electronic time for everyone
- Reach out and hug them
- Practice relaxation exercises together
- Model forgiveness
- Respond calmly when their emotions are elevated
- View their behavior as a window to their needs and feelings
- Make play and exercise a requirement
- Recognize positive choices