



**TIMES  
SCHOOL SURVEY  
2019**  
**Ranked No. 1**  
as school leaders in Greater  
Noida by the Times of India  
Survey 2019



**PRAGYAN  
SCHOOL**

# WEEKLY CIRCULAR

28<sup>th</sup> MAY 2022

(CIR/PS/52/2022-23)



**PRAGYAN**  
SCHOOL

# SUMMER CAMP SUNNY SMILES

*17th May - 28th May 2022*  
- CLASSES NURSERY TO V-

*Summer*  
-ADVENTURE-

Summer camp of Classes Nursery to V started from 17th May 2022. Students who are a part of the camp are actively involved in various chosen activities

# AEROBICS (1&2)

Class1 & 2 performed aerobics with full enthusiasm and zeal. They performed on the culmination day and were super excited to give their presentations in front of their parents.



# STORY ENACTMENT (1&2)

Stories create community, enable us to see through the eyes of other people and open us to the claims of others.

In the second week students of classes 1 & 2 rehearsed on stage where they learnt the skills like voice modulation, expressions, actions and stage presentation for the culmination day of summer camp.



# SUMMER CAMP- MATCHSTICK ART (1&2)

As part of Summer Camp activity - Sunny Smiles, students of classes 1 and 2 created Charkha and Seat in the second week and completed their unfinished work. They also prepared and rehearsed for the culmination ceremony of summer camp.



# CONTEMPORARY DANCE (1&2)

During the summer camp students of classes 1 and 2 were exposed to contemporary dance where they were allowed to be expressive in his or her motions and get a chance to experience different music. Students danced on the song Scooby do pa pa..and practiced for the culmination ceremony.



# ART & CRAFT (1&2)

Finger painting is the process or art of painting with finger paints of starch, glycerine, and pigments, using the fingers, hand, or arm.

This week students of classes 1 & 2 did finger painting, completed all their artwork.

They also prepared themselves for the culmination day.



# RUN FOR FITNESS (1&2)

In let's run for fitness activity students of classes 1 & 2 learnt how to do batton exchange in relay races, techniques of long jump, hurdle race and couch start technique. They enjoyed and enthusiastically participated in all the drills.



# TWIST A GIFT - GIFT WRAPPING (3-5)

The art of gift wrapping is a great way of enclosing the present so that it is a surprise for the receiver. During the second week of the summer camp, students of classes 3 to 5 learnt to make a gift box using chart paper. They also enjoyed decorating the gift boxes using fan-folding and other techniques. The art of Furoshiki - gift wrapping using cloth was also taught to the students.



# THE MEANDERING YARN (3-5)



Embroidery is the craft of decorating fabric or other materials using a needle to apply thread or yarn. During the second week of the Summer Camp, Sunny Smiles, the students of Class 3 to 5 learnt more about different forms of stitching and embroidery. They learnt to do various kinds of embroidery like back stitch, chain stitch, cross stitch, satin stitch(bharwa stitch) and french knot stitch.



# NAMASTE YOGA (3-5)

Yoga helps students to develop a healthy body at the physical, mental and spiritual level. When combined with breathing and meditation, yoga acts as the best element to take care of our mind, body and soul. During the second week of the summer camp, students of Class 3 to 5 learnt bhastika pranayam, bhujangasan, dhanushasan, tadasan, dhruvasan, anulom vilom, kapaalbharti, gadudasan and surya namaskar.



# LET'S CLAY AROUND (3-5)



The tactile hands on nature of clay made children get engrossed while allowing for a high degree of creativity. Under the guidance and direction of their teacher our little ones came up with creations like model of swan, lady bug, leaf design tray and many more.

This outstanding sensory activity enhanced dexterity, gross and fine motor skills and helped to boost the self-confidence of the students.

During the summer camp, It was a great way to develop imagination and sparkle creativity to think out of the box.....!

# BREAKFAST DELIGHTS (3-5)



Students of the activity further learnt to prepare some more delightful dishes for breakfast. They enjoyed learning to chop veggies as per the required dish and even learnt to roll the dough to make 'laccha parathas'. Students were taught to make falafel wrap, cheese fritters, pancakes with oreo smoothie and stuffed parathas.



# ALL THE WORLD'S A STAGE: DRAMATICS(3-5)

Students of All the World's A Stage(Dramatics) prepared themselves for the stage presentation. They learnt to enact their character with proper actions and expressions.



# ADVENTURES OF ECOPALS (3-5)

With the continuation of the Summer Camp 'Sunny Smiles', the students of 3-5 continued to uncover the mysteries of science related to space. Our young creative Pragyanians explored different concepts by performing various experiments like lemon-water experiment, dancing mothballs and balloon magic. The students culminated the summer camp through live demonstrations in front of their parents.



# ENDLESS ADVENTURES (3-5)

The students of Endless Adventures @ Once Upon A Time had their practices for the stage presentation. They even sang a song and had a few ice-breaking activities. They enjoyed the freeze dance too.



# CULMINATION CEREMONY- SUMMER CAMP

Summer Camp 2022-'Sunny Smiles' concluded on Saturday, 28th May 2022. The camp was a great learning experience for the students of classes 1-5 wherein the students got an opportunity to learn activities as per their choice and talent. On the culmination day a ceremony was held wherein the students showcased their learning quotient through a stage presentation. Parents were invited for the programme. The show was attended by the school Managing Trustee, Mr Ram Chand, the Principal, Ms Ruchika Sharma and the Headmistress Ms Divya Kapoor. The programme commenced with a welcome note to the parents by the Headmistress. This was followed by yoga and instrumental music presentation. Students of the Zumba group presented an energetic performance on stage. Dance performance by students of Nursery and K.G was loved by all. Children of the dramatics activity staged a captivating enactment. Students of the dance group-'Magical Steps and Aerobics enlivened the atmosphere with their lively performance. Learning of Raag Bhopali and Patriotic Song was showcased beautifully by the students of the vocal music activity. Story Narration- Endless Adventures, too captured the interest of the



# CULMINATION CEREMONY- SUMMER CAMP

Our Principal gave away the vote of thanks and encouraged the students with her motivating words. Student' creations and work done during the camp activities was displayed in the form of an exhibition in the auditorium foyer. The entire ten day camp was an enriching and fruitful learning experience for the students.



# WORKSHOP ON CAREER GUIDANCE

A workshop on Career Guidance was organised at Pragyan School, Greater Noida on the 27th of May 2022. The students of Class XII (all streams) enthusiastically participated in it and had clarity on the array of stream based courses along side the best colleges/universities for pursuing them.



# INTERACT CLUB INITIATIVE

“PROJECT SANJEEVNI” is the permanent project of Interact Club which aims to help the underprivileged sections of the society with their medical needs by collecting the unused medicines and medical equipment from the privileged sections of the society and donate the same to an NGO 'Uday Foundation. We successfully collected medicines and handed over to Mr. Promod Jain a volunteer from Greater Noida, on Saturday 21st May to submit the same to "Uday Foundation".



# CBSE WEBINARS

<b>Name of the Participant Teacher</b>	<b>Topic of the webinar</b>
Dr. Kamakshi Sharma	<ul style="list-style-type: none"><li>•Embracing Multilingualism in Classroom</li><li>•Anger free schools</li></ul>
Dr. Seema Sharma	<ul style="list-style-type: none"><li>•Fostering Critical and Creative Literacy</li><li>•Cyber Security and Ethics</li></ul>
Ms Richa Shree	<ul style="list-style-type: none"><li>•Coding Session [10 hours]</li><li>•Data Science Sessions [7 hours]</li></ul>

# HEALTH & WELLNESS CLUB



## THE 4 A'S OF STRESS MANAGEMENT

### **AVOID**

*unnecessary stress*

- Say "NO" to objects and situation that prevent you from doing your task
- Organize and manage your tasks

### **ALTER**

*the situation*

- Make it positive
- Communicate your feelings openly
- Manage time better
- State limits in advance

### **ADAPT**

*to the stressor*

- Adjust your standards
- Reframe the issue
- Look at the big picture

### **ACCEPT**

*the unchangeable*

- Talk with someone
- Forgive
- Practice positive self-talk
- Learn from your mistakes



## ECOLOGY CLUB

Thermal power generation is one of the major reason for the global warming. Let's save the energy to save the Earth.





# TIP OF THE WEEK



## What is Positive Parenting?



**Positive parenting works with children's strengths instead of picking at their weaknesses.**

**Positive parenting understands children's developmental needs and responds appropriately.**



**Positive parenting recognises, rewards and reinforces positive behaviours.**

**Positive parenting shows empathy.**



**Positive parenting recognises the child as an individual with rights.**

**Positive parenting builds trust, communication and respect in the parent-child relationship.**

