



**TIMES
SCHOOL SURVEY
2019**
Ranked No. 1
as school leaders in Greater
Noida by the Times of India
Survey 2019



**PRAGYAN
SCHOOL**

WEEKLY CIRCULAR SENIOR

28th JULY 2023
(CIR/PS/92/2023-24)

ASSEMBLY VI-VIII

Students of classes VI-VIII had their Yoga session on Monday (24-07-23). They performed different asanas to increase their concentration and strength, like- Vrukshasan, Tadasan and meditation. This week the learners of grade VI -C presented a debate on the topic "What should be the focus of studies - traditional subject vs real life topics". The learners shared the importance of both the traditional subjects and real life topics and how it nurtures their creativity and fosters their talent and lets them explore their true potential.



ANNUAL DAY IX-XII THE INDOMITABLES

Pragyan School, Greater Noida had celebrated its talent on their Annual Day for classes IX-XII with vibrancy on July 22, 2023. The cultural programme commenced with lighting of lamp, and musical brilliance when the students took the stage to showcase their instrumental prowess. The mellifluous strains of Rag Bhairav filled the halls as the school choir took centre stage to captivate the audience with their soulful renditions. In a mesmerizing display of creativity and artistic expression, the students took the stage to showcase their talent in contemporary dance. The progressive annual report was presented by the Principal Mrs Ruchika Sharma. This was followed by the Prize distribution ceremony for the students who excelled in Academics, Sports and other Extracurricular activities. This year the school's highest award- the Satish Chand Memorial Award was grabbed by Kumar Priyam of class XII (Science). Akrisht Atri was awarded with M.L Gupta Memorial Award for his outstanding achievements in sports. Further, the special guests addressed the audience and stated that the students had smartly carved a niche for themselves. The most riveting performance which drew unceasing applause was the comedy play "The Play That Goes Wrong". The cultural folk dance performance celebrated the rich cultural diversity of India.

ANNUAL DAY IX-XII THE INDOMITABLES

The student's dedication and hard work were evident in their flawless performances, and the audience responded with thunderous applause and cheers. The exhilarating show was an unforgettable experience and left a lasting impression on the minds of everyone present. It was indeed a spectacular display of talent and fervour.



TEACHERS WORKSHOP

INDIA TODAY organized an EDUCATION CONCLAVE as on July 21, 2023 at ITC MOURYA SHERATON, DELHI, which was attended by the three teachers: Ms.Rachana Jain, Ms.Shilpi Saraswat & Ms.Vinita Arora. The workshop aimed to address various challenges and opportunities in the education sector and foster meaningful discussions on innovative teaching methodologies and student engagement techniques. The Education Conclave brought together educators, administrators, policymakers, and experts from diverse backgrounds to share their insights and experiences in the field of education. The conclave featured panel discussions, launch of online portal and Principals Speak out with the primary objective of empowering educators to create a more inclusive and effective learning environment. The highlight of the conclave was 'INDIA TODAY BEST COLLEGES AWARDS PRESENTATION by Mr.Dharmendra Pradhan, Minister of Education and Minister of Skill Development and Entrepreneurship. The author, Ms.Abha Adams with other renowned educationists delved into the integration of technology and ChatGPT in education and its potential to transform traditional teaching methods.

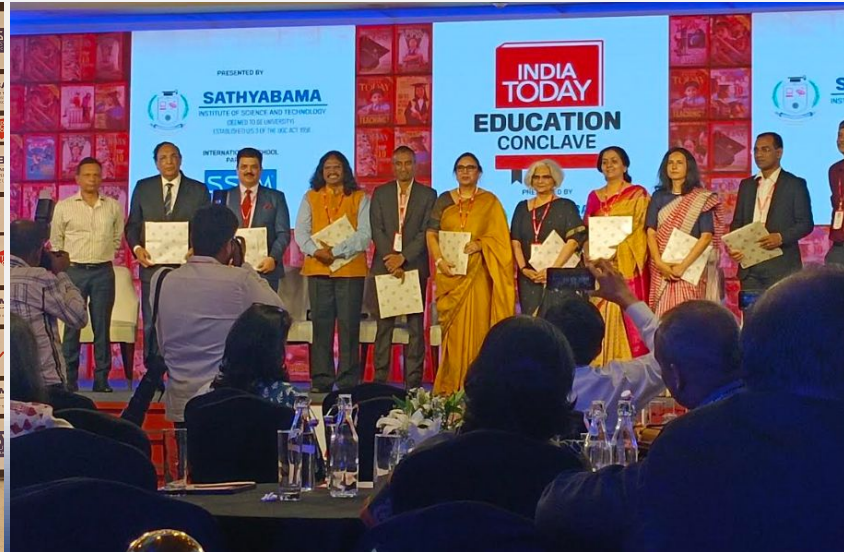
TEACHERS WORKSHOP

The Participants were introduced to various digital tools, apps, and online resources that can enrich the learning experience and promote interactive learning. The importance of creating an inclusive classroom environment was emphasized, with a focus on accommodating the diverse learning needs of students. The Education Conclave has undoubtedly left a positive impact on the teaching practices and will continue to inspire the journey of the educators.



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HEALTH & WELLNESS CLUB



Healthy Lifestyle Tips

If you wake up feeling tired then you need

POTASSIUM



1. Bananas
2. Sweet potatoes
3. Spinach
4. Avocado
5. Oranges
6. Coconut water

If you have low energy then you need

IRON



1. Spinach
2. Lentils
3. Tofu
4. Quinoa
5. Chickpeas
6. Pumpkin seeds

If you have a headache then you need

SODIUM



1. Water +Salt
2. Seafood
3. Salted Nuts
4. Popcorn
5. Olives
6. Cheese

If you feel weak then you need

ZINC



1. Oysters
2. Meat
3. Pumpkin seeds
4. Chickpeas
5. Spinach
6. Dark chocolate

If you can't sleep, then you need

MAGNESIUM



1. Pumpkin seeds
2. Spinach
3. Almonds
4. Cashews
5. Dark chocolate
6. Avocado

ECOLOGY CLUB



No matter how complex global problems may seem, it is we ourselves who have given rise to them. They cannot be beyond our power to resolve.”

Healthy Lifestyle Tips



TIP OF THE WEEK



Knowing that someone
is always there for them
can work like magic.



CIRCULARS SHARED DURING THE WEEK

- Psychometric Analysis of Class X students shared on 25th July 2023.
- Early Closure of School today shared on 26th July 2023.
- Donation Drive for Flood Relief shared on 25th July 2023.
- GPS Tracker in School Buses shared on 27th July 2023.
- Advisory on Eye Flu shared on 28th July 2023.

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