



**TIMES
SCHOOL SURVEY
2019**
Ranked No. 1
as school leaders in Greater
Noida by the Times of India
Survey 2019



**PRAGYAN
SCHOOL**

WEEKLY CIRCULAR SENIOR

12th November 2021
(Cir/PS/27/2021-22)

SPECIAL ASSEMBLY ON DIWALI



“The greatest significance of Diwali is to light up new, bright and colourful dreams, fresh hopes and undiscovered ways.”

The exhilaration and celebratory spirit that Diwali brings is unmatched. To add to the festive fervour, students of Pragyan School presented a special assembly on Diwali on 2nd November 2021.

The assembly commenced with a live organized and well coordinated Instrumental performance. Students profoundly displayed a skit with an astounding modern interpretation on the importance of Diwali. A beautiful and thoughtful poem was recited on the topic “Khushiyon Ke Deep Jalaye”. The vivacious dances enthralled the audience with their energetic performance. An enchanting recitation of Shiv Tandav Stotram further spell bounded the audience. The anchoring team managed the event professionally making the event all the more successful while explaining their insights on meaning of Diwali. The assembly culminated with the blessing from the Principal Ms. Ruchika Sharma. Her words of wisdom enthralled all.

SPECIAL ASSEMBLY ON DIWALI



MORNING ASSEMBLY [VI – XI]

VI - VIII

The morning assembly of classes VI-VII is conducted on school ground. This week class VIIB conducted a debate on ' We all have control over technology, we are not ruled by it'. Students presented their view for and against the motion, especially their concern about too much dependence on technology in our day to day life. Later on, the class conducted assembly on oratory skills, in which Ichha recited the self composed poem titled' Insaniyat', Urvi Joshi recited English poem 'river , Praket sung song' butler', Nishith played instrumental music and Prisha Kapoor narrated a story. Assembly culminated with a group song.

IX - XI

'Join your hands, close your eyes and bow your heads'. These words, after a long time, were once again heard loud and clear from the dias of the school auditorium. The assembly began with morning prayer followed by a vivid display of oratory skills. Students actively participated in debates, discourse and quizzes. The topic for the debate was: EMI option- A Trap or a Boon. The topic for the talk was: Dr. Naresh Trehan. They also enjoyed the open forum session where they discussed on the topic: Online retailers VS brick and mortar stores.

MORNING ASSEMBLY [VI – XI]



PARENTAL INVOLVEMENT [VI - VIII]

Mr. Anupam Joshi father of Urvi Joshi of class VIIB gave a talk on 'biodiversity and climate change - the two biggest challenges of today' on 1st Nov 2021. He discussed the effects of our carbon footprints on biodiversity and climate. He motivated students to reduce their carbon footprint by using public transport, conserving energy, planting trees etc. On 1st November 21 ,students of class VIII were honoured to have Mr.Ravi Srivastava ,Father of Daksh Srivastava VIII A as parent speaker .The week started with a fruitful session enlightening the students about Value of Time. He enlightened our students with the value of time that applies to every aspect of our life. The value of time makes us realize what happens if we do not value it. Understanding the value of time creates a path for success.

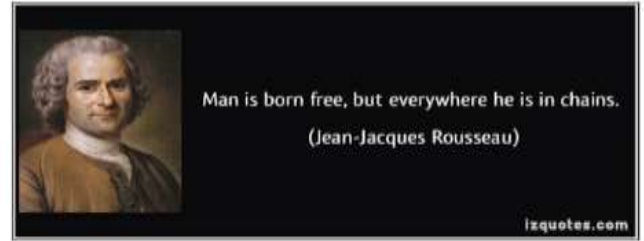
"Believe you can and you are halfway there". On 8th Nov ,Ms. Vaishali, mother of Atharva Sisodia VIB was invited for the talk and the learners of grade VI had the opportunity to hear inspiring words on a wonderful topic - "Never Give Up, Believe in Yourself".Mr. Hemant Kumar Bhardwaj father of Shivika Bhardwaj VII A gave an interesting talk on 'Impact of technology on our health' on 8th November. He shared advantages and disadvantages of technology especially, its harmful impact on our health.

PARENTAL INVOLVEMENT [VI - VIII]



Mental Blocks

- Am I good enough?
- Will be able do this?
- Should I try?
- May be I will fail.
- He/ She says I can't.
- But I don't have time?
- May be I don't have the best equipment (best Racquet, bat, Drums, Keyboard, latest computer, best Camera etc.)



The only person stopping you from succeeding; is YOU!



CHILDREN'S DAY ACTIVITIES

With an aim to ensure that students do not miss out on the fun, Children's day was celebrated in school on the 12th Nov 2021. To celebrate the essence of childhood and to make the day special for the students, varied activities were undertaken ranging from a motivational movie in the school auditorium, an extra period of games, and most importantly an outdoor classroom. Adhering to the covid protocols, students of classes VI-VIII gathered in the school auditorium and had a gala time watching a motivational movie, "Halka" with their friends and teachers. Understanding the fact that outdoor learning can improve the physical, mental, and emotional well-being of the children, students of classes VI-VIII evacuated their usual classrooms and experienced the world of nature with a closeness. Students got deeply engrossed in creative writing, learning about the plants, and showing their talents. Students had a mesmerizing experience of school Principal Ms. Ruchika Sharma joining them in their outdoor learning in school.

CHILDREN'S DAY ACTIVITIES



ENGLISH ENRICHMENT ACTIVITY-VI

A robust vocabulary improves all areas of communication. In the English Enrichment Activity, the students of classes VIBC pushed their word knowledge. They mastered new words from their textbooks and demonstrated their learning in class with the help of flashcards and PowerPoint presentations.



CLASS TEACHER PERIOD - VII



In the second week of November, students of VII were involved in exciting activities.

Students practiced for the upcoming assemblies and gave amazing performances in oratory skill activity. In this activity students did stand-up comedy, beatboxing, recited interesting poems, did mimic of famous celebrities and presented shloka.

ENGLISH ENRICHMENT ACTIVITY- VII

Self-expression allows us to understand ourselves and process our emotions. In the English-Speaking Skills Activity, the students of classes VIIBC talked about their hobbies and displayed their language skills with conviction and passion.



SANSKRIT ENRICHMENT ACTIVITY- VII

दिनांक 11 Nov को कक्षा '7 अ' में संस्कृत क्रियाकलाप श्लोक वाचन कराया गया जिसमें छात्रों ने अति उत्साह के साथ भाग लिया। जो विद्यार्थियों की स्मरण शक्ति और वाचन कौशल के विकास में बहुत ही सहायक रहा ।



MATHS ENRICHMENT ACTIVITY - VIII

Students of Class VIIIA performed Art Integrated Enrichment Activity of Maths on the topic 'Probability of different Real Life Events' on the basis of the collected data by using cutting and pasting method. They have shown that the outcome of a random event cannot be determined before it occurs, but it may be any one of several possible outcomes. The actual outcome is considered to be determined by chance.

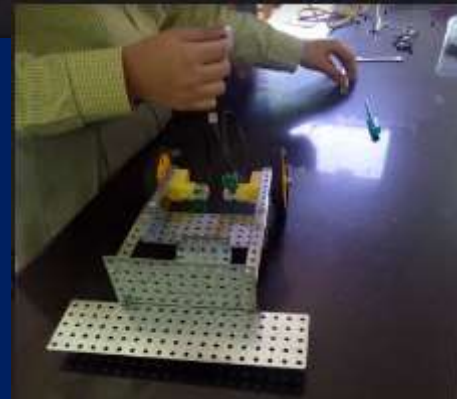


ATAL LAB SESSIONS

CLASS VI - VIII



Students of VII and VIII performed the hands-on experience during their Atal Lab Session. They created the sweeper model using the Mechanz Kit. Students participated enthusiastically in the session



INTER SCHOOL COMPETITION

We feel proud to share that our students participated in inter-school competitions conducted at Indraprastha Global School and achieved the following positions. Congratulations to all the winners .

Name of the event	Name of the student	Position Achieved
Bag It	Anshika Loomba VIIIA	Second
Math O Rap	Vijval Kapoor IX B	First
Shaping Dreams	Arhat Kumar VIIC	Third
Myth Debunked	Arihant Gupta XIIA	First
Duel of the Titans	Aditya Shankar Mazumdar XII A Shruti Sharma IX B	Second
Blogosphere	Ira Joshi XI C	Third

INTER SCHOOL COMPETITION



Indraprastha GLOBAL SCHOOL, Noida



उत्सव 2021

(Certificate of Appreciation)



This certificate is awarded to Vijval Kapoor
of PRAGYAN SCHOOL for securing 1st position
in the event 'Math-O-Rap'
held on Saturday, October 23, 2021.

Nikita

Ms Nikita Tomar Mann
Principal



Indraprastha GLOBAL SCHOOL, Noida



उत्सव 2021

(Certificate of Appreciation)



This certificate is awarded to Anshika Loomba
of Pragyan School, Greater Noida
for securing 2nd position
in the event 'Bag-It!'
held on Saturday, October 23, 2021.

Nikita

Ms Nikita Tomar Mann
Principal



Indraprastha GLOBAL SCHOOL, Noida



उत्सव 2021

(Certificate of Appreciation)



This certificate is awarded to Arhat Kumar
of Pragyan SCHOOL, Greater Noida for securing
3rd position
in the event 'Shaping Dreams'
held on Saturday, October 23, 2021.

Nikita

Ms Nikita Tomar Mann
Principal

SOCIAL CLUBS

CLASS VI- XI



- DEBATING AND JOURNALISM CLUB
- INTERACT CLUB
- HEALTH AND WELLNESS CLUB
- ECOLOGY CLUB

DEBATING AND JOURNALISM CLUB [VI-XI]

VI – VIII

In continuation with last week's activity, student members of the Journalism and Debating Club enjoyed the debate on the topic 'Should firecrackers be banned for Diwali'. They supported their arguments with their personal experiences they had during the Diwali celebration. Overall, it was an enriching experience for all.



IX - XI

Students of the Debating and journalism club once again gathered for their club meeting. The session started with a thought – provoking discourse on the topic 'The new pattern of examination by CBSE for classes X and XII will enhance critical thinking and reduce examination stress'. They profoundly shared their views and with a lot of cross questioning.

INTERACT CLUB: VI- VII

Diwali is the most sought-out festival with social and religious significance. The meaning of Diwali, its significance, rituals are beyond counting. This Diwali the members of the Interact Club shared 'sweets' and 'dijas' with the underprivileged people around them. In the physical meeting, the club members voiced their opinions and shared thoughts on bursting crackers during the festival.



INTERACT CLUB: IX- XI



The interactors of IX & XI discussed the District Interact Leadership Assembly (DILA) 2021 to be conducted by the Rotary Club. In the meeting, students were encouraged to attend the meeting so that they can understand their roles and responsibilities. Furthermore, students discussed conducting an awareness drive to stop the burning of tyres and plastics during the winter months.

HEALTH AND WELLNESS CLUB [IX - XI]



Emotions are important for performance because they relate to a rider's state of mind and how this state impacts on their behaviour, how they react to their environment and others around them. Keeping this in mind a session was done on the topic "How mood affects Academic Performance". Students were asked to share different emotional states and their behavioural experiences. All the students shared their experiences enthusiastically and they were happy and surprised that all were sailing in the same boat. After that a Rapid-Fire round was played with all the students to make them understand how they can shift from negative thoughts to positive ones.

ECOLOGY CLUB [VI-VIII]

This week in the ecology club students of VI-VIII enjoyed the nature walk by knowing the surrounding tree names on the school campus. They were explained about the qualities of these trees in naturopathy. This walk helped in connecting with our mother nature.



ECOLOGY CLUB [IX-XI]

The Ecology Club meeting of classes IX and XI students was held on 9th of Nov 2021. The agenda of the meeting was introduction to the current ongoing COP26 United Nations climate change conference. Students were first introduced to the goals set for COP26 as under

- Secure global net zero by mid-century and keep 1.5 degrees within reach
 - Adapt to protect communities and natural habitats
 - Mobilise finance
 - Work together to deliver



ADOLESCENT GYNAECOLOGY AWARENESS PROGRAMME[VI-VIII]

More than mere biology, adolescence is psychologically the period between childhood dependency and being a functionally independent autonomous adult. On Thursday 11 November 2021 Pragyan School Greater Noida in association with Yatharth Hospital had organised a seminar on 'Adolescent Gynaecology Education' for middle school girls. Dr Sonali Gupta, Principal consultant obstetrics and gynaecology from Yatharth Hospital Greater Noida facilitated awareness and knowledge among the young girls with a particular focus on adolescent's needs and bridging the information gap during the transformation from childhood to adulthood. The aim of the workshop was to sensitize and orient students about adolescent problems and associated issues, the need and relevance of reproductive health education, the crucial role of diet, exercise and lifestyle to manage the hormonal imbalance.



“DISHA - THE PATH TO SUCCESS” - DILA 2021

District Interact Leadership Assembly (DILA 2021) - “DISHA - THE PATH TO SUCCESS”

On 12th Nov,2021 the interactors of classes VIII-XIII along with their club incharges attended DILA 2021, “Disha – The path to success”. The event proceeded as Chief guest Rtn. Mr. Ajay Chauhan and the chief guest, Mr. Atul Chauhan and District Governor Rtn. Ashok Aggarwal delivered inspirational speeches to cheer & motivate the interactors. They stressed on the importance of humanity and philanthropy. They advised the students to follow their goal with passion & determination. The event was then graced by IPS, Dr. Kiran Bedi who encouraged the students to live every day as if it were their last and to follow the law of nature for it will lead them to achieve greater heights. Performances of the students entertained the august gathering in the latter half of the meeting. Overall, it was an extremely inspirational and educational session.

“DISHA - THE PATH TO SUCCESS” - DILA 2021



FOGGING OF THE SCHOOL CAMPUS

The weekly fogging of the school campus with mosquito killing medicine to prevent any breeding of mosquitoes in this season.



HEALTH & WELLNESS CLUB



Healthy Lifestyle Tips

Health Benefits of Cycling

Balance
Cycling produces the balance between exertion and relaxation which is so important for the body's inner equilibrium.

Heart
All the risk factors that lead to a heart attack are reduced and regular cycling reduces the likelihood of heart attack by more than 50%.

Coordination
Moving both feet around in circles while steering with your hands and your body's own weight is good practice for your coordination skills.

Muscles
A week of inactivity reduces the strength of the muscular system by up to 50% and can harm them long-term. During cycling, most of the body's muscles are activated.

Mental Health
Cycling has relaxing effect due to uniform, movement which stabilizes physical and emotional functions. It reduces anxiety, depression and other psychological problems.

Back Pain
Cycling posture is optimum and the cyclic movement of the legs stimulates muscles in the lower back.

Waistline
Cycling is ideal for targeting problem areas. It enables people who cannot move easily to exercise. It increases fitness and stimulates the body's fat metabolism.

Joints
The circular movement of cycling assists the transport of energy and other metabolic produces to the cartilages, reducing the likelihood of arthrosis.

ECOLOGY CLUB





TIP OF THE WEEK

