



**TIMES
SCHOOL SURVEY
2019**
Ranked No. 1
as school leaders in Greater
Noida by the Times of India
Survey 2019



**PRAGYAN
SCHOOL**

WEEKLY CIRCULAR SENIOR

22nd October 2021
(Cir/PS/25/2021-22)

SPECIAL EID ASSEMBLY [VI-VIII]

“Strive always to excel in virtue and truth” - Prophet Muhammad.

Eid-e-Milad is the celebration of birth of the last messenger of Allah, Prophet Muhammad. To celebrate this festival, the students of Class VI-VIII, organised a special assembly on 18th October to Celebrate the popular Islamic festival Eid-e-Milad-un-Nabi or Mawlid on the birth anniversary of Prophet Muhammad. With their speeches, students recited the teachings of the Prophet and encouraged all to embrace kindness, compassion, mercy, gratitude, thankfulness & courage. The celebratory fervor was elevated with a graceful talk on Eid -e -Milad and song performance.



MORNING ASSEMBLY [VI-VIII]

This week ,students of Classes VI-VIII, showcase their Talent and presented Oratory skills on various topics.Students debated on the topic - SUPERHEROES - OUR MISLEADING ROLE MODELS. The students shared that Superheroes are role models who can admire to develop good qualities and they teach children various attributes such as courage, honesty, humility, fighting spirit, sense of responsibility, and leadership. They also shared that superheroes can be violent, because they are fighting all the time. This can adversely impact young minds and make them aggressive. These activities develop the self confidence of the students and make them an independent thinker.



YOGA SESSION [VI-VIII]

The art of practicing yoga helps in controlling an individual's mind, body, and soul. It brings together physical and mental disciplines to achieve a peaceful body and mind. Students of VI-VIII grade attended a Yoga session organized by the sports teachers of the School. It was an energetic session where students learned various Asanas. This activity helped the students in increasing flexibility, muscle strength.



ASSESSMENTS [IX-XII]

Students of classes IX and XI are appearing for their Summative -1 assessment and students of classes X and XII are appearing for their first pre-board exams from school. The assessments of classes IX and X in English, Hindi, Maths, Science and Social Science are being conducted by external agency educational initiatives , to give the exposure to students for an external exam and prepare them for the forthcoming board exams. For Information technology and Sanskrit the papers are being prepared by the teachers on google form.



CLASS TEACHER PERIOD : VI-VIII



The learners of Grade VI were engaged in assembly practice for the upcoming assemblies during the class teacher period. 'Best out of waste' activity was also conducted during the class teacher period wherein students created pen stands, flower vases, and different crafts from the waste material. In class VII, students are being shown videos on sign language. This week they learned a few more signs and tried to make sentences based on those. These activities help build communication in addition to bridging missing gaps.

ATAL LAB SESSIONS

Students of class VI- VII tried their hands to make simple cranes and cranes with gears during the Atal Lab sessions.



STEM LAB SESSIONS : VIII



Students of class VIII attended the STEM SESSION on 21st - 22nd October 2021 to perform hands-on learning using the STEM KIT. They have explored the concepts of energy, conversion of energy, and forces. The students prepared the model of a CATAPULT as part of the session using the provided materials in the kit. They were asked questions by the resource person to make them understand the concepts taught by this activity. The session was well-paced and students participated in the activity enthusiastically.

ACHIEVEMENT

NISER, National Institute of Science Education and Research, an autonomous institute under DAE, Government of India. NISER offers the integrated M.Sc and Ph.D programmes in the Schools of Biology, Chemistry, Mathematics and Physics. Admission is offered after the National Entrance Screening Test (NEST) with fellowships. We feel proud to share that our Student Shivanshi Gupta of batch 2020-21 has cleared the entrance exam and is enrolled in the prestigious research institute NISER, Bhubaneswar. We wish her all the best for all her future endeavors.



ACHIEVEMENT

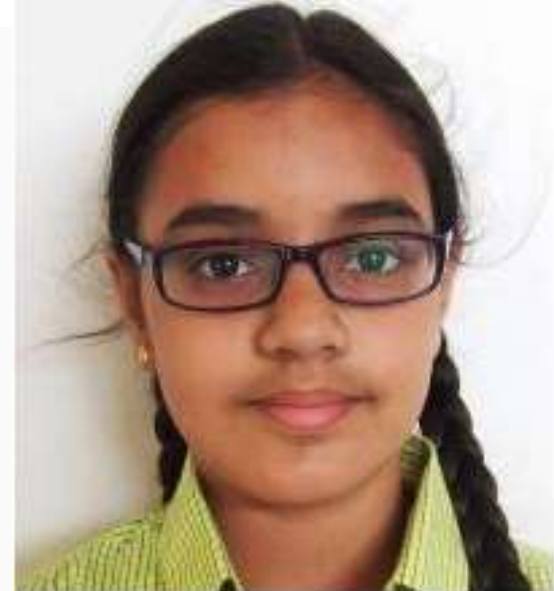
The YLAC, 'Counter Speech Fellowship' with Instagram, engages creative teens to use the power of visual storytelling to start meaningful conversations on issues important to young citizens around the world. Anchored at the crossroads of arts and advocacy, the fellowship was first launched in 2017 and has since expanded to several cities in India and Nepal. As an incubator for the future generation of leaders and activists, the fellowship is built around three pillars- awareness, support and advocacy. Fellows are mentored to build powerful content and the most inspiring work is promoted on Instagram.

We feel proud to share that 'Reva Sharma 8A' has applied for this fellowship and is selected to be a part of it. She will get the opportunity to interact with fellow peers from different parts of the country and collaborate with them to advocate for changes to make the world more inclusive.



YLAC

REFLECT | ACT | TRANSFORM 



INTER CLASS PAINTING AND GOOD OUT OF WASTE COMPETITION

As a part of chain of activities and competitions by Pragyan School, Best out of Waste Competition and Interclass Painting Competition (VI-VIII) was organized on 08/10/21. The theme of the events were "Bridal dress" and "Landscape Watercolour " respectively. After evaluation of the entries by competent jury, the results are as following:

Interclass Painting Competition		
Position	Name	Class
First	Anika Soneja	VII-C
Second	Sonali	VII-C
Third	Ananya Gupta	VI-B
	Roshi Jain	VIII-A
Consolation	Ananya	VI-C

Interclass Best out of Waste Competition		
Position	Name	Class
First	Siddhi Pandey	VI-B
Second	Komal Singh	VI-A
Third	Jiya Sharma	VIII-A

SOCIAL CLUBS

CLASS VI-XII



- DEBATING AND JOURNALISM CLUB
- INTERACT CLUB
- HEALTH AND WELLNESS CLUB
- ECOLOGY CLUB

INTERACT CLUB: VI- VIII

The fruitful session began with appreciation for all those learners of Interact Club who completed the task and made posters to spread awareness on coronavirus safety and precautions in the school. "To care for those who once cared for us is one of the highest honors" - Our grandparents/elders are the most important part of our life and it is our responsibility to take care of them. It is very important to spend quality time with them and make them feel how precious they are to us. The learners have been asked to spend some time with elderly people at home and make them feel special in their own little ways. They can play games, cook, go for a walk or do any activity with their grandparents/elders to make them happy

HEALTH AND WELLNESS CLUB [VI-VIII]



" A HEALTHY OUTSIDE STARTS FROM THE INSIDE."

Student members of Junior Health and Wellness Club enjoyed the "Nature walk" under the guidance of Club teachers Ms Sudha, Ms Dipti and Ms Richa on 21st October'21. During the walk, the benefits of walking, healthy foods - green vegetables (growing in the school's organic farm). The students took a round to the medicinal plants' area where the health benefits of various plants- amla, tulsi, aloe vera etc. were discussed. At the end the teachers took the feedback of the meeting and planned a poster/ slogan making project that would be used to spread the awareness about the healthy food habits among all the children and school staff.

ECOLOGY CLUB [VI-VIII]



“Often when you think you’re at the end of something, you’re at the beginning of something else.” Eco club session started with this quotation on 21/10/21. It was based on a collection drive for recycling. Students were made aware of the benefits of recycling of newspaper and e-waste. Children made strategies for motivating other students to get newspapers and e - waste from the home as e-waste contains many toxic substances which pollute land as well as water and recycling of paper save trees.

DEBATING AND JOURNALISM CLUB [VI-VIII]

The poetry we compose, the stories we tell and the art we create help us understand our world and help us to communicate better. Student members of the journalism and debating club made the best use of the club meeting by composing poems, writing letters, making posters and doing art work for Diwali which is just round the corner highlighting the joy of giving and the spirit of festivals.



KPMG WEBINAR ON CYBER SECURITY

We all are well aware that with newer technologies, we are getting exposed to bigger threats. It, therefore, becomes imperative to educate and protect the students from cybercrimes. We are pleased to inform you that KPMG, a leading provider of cyber security consulting services across 146 countries globally conducted an online workshop on cyber security for the students of Pragyan School on 22nd of October 2021. The webinar was attended by the students of classes 6-8. The theme of the workshop was, "Cyber security, Online gaming, Social media and Device security" The workshop aimed at educating our students about the importance of cyber security and to empower them to create a trusted digital world. The Resource person from KPMG, Ms.Anoushka and Ms. Vriti offered great insights into various cyber safety solutions like digital footprint, strong password, enable security setting, logout when leaving the site or an account. Students learnt about keeping their profiles secured by keeping all software updated and downloading antivirus softwares and spam filtering tools. Students also learnt about how to report spams and phishing . The Resource persons also cast light over the issue of cyber bullying and its prevention.

KPMG WEBINAR ON CYBER SECURITY



CBSE WEBINARS

Name of the Participant	The topic of the CBSE webinar
Ms Richa Palni	<ul style="list-style-type: none">•Addressing Socio emotional needs of the students

PARENT TEACHER INTERACTION [VI-VIII]

Parent teacher interaction in physical mode was conducted on 23 Oct 2021, for classes VI-VIII. The parents interacted with the concerned subject teachers and discussed the progress of their ward.



FOGGING OF THE SCHOOL CAMPUS

As per the weekly routine, the fogging the school campus with mosquito killing medicine was done this week as well to prevent any breeding of mosquitoes in this season.



HEALTH & WELLNESS CLUB



Healthy Lifestyle Tips

HEALTH BENEFITS OF WALKING DAILY



- Helps in weight loss
- Increases lung capacity
- Improves heart health
- Sugar cravings are lowered
- Reduces chronic diseases
- Improves mood
- Prevents cancer
- Prevents disability in old age
- Delays ageing
- Improves varicose veins
- Lowers blood pressure
- Boosts immunity
- Reduces stroke risk in women
- Speeds up digestion
- Decreases diabetes risk
- Reduces dementia risk

ECOLOGY CLUB





TIP OF THE WEEK



Helping Your Child Become A Compassionate Person

- Treat your child with respect and patience. Remember that empathy develops over time.
- Explain that name calling or excluding others can be hurtful . Learning the golden rule early makes a difference in the way we treat others.
- Monitor their media . Children like to imitate what they watch, so be careful of what they are internalizing.
- Say ‘ I am sorry’ to your child. It’s wonderful to let them know that adults make mistakes too. This will make it easier for your child to admit when he or she is wrong.
- Find ways to volunteer as a family. Find age- appropriate ways to introduce volunteering to your children . You can involve your children in the community with a food drive, by visiting a nursing home , or by baking cookies for your neighbours.
- Caring for a pet can be a good way for a child to learn responsibility, compassion, and love for all living things.
- Model positive action. Let your child catch you doing acts of kindness. This will show them what behaviour you’d like them to do.
- Expect your child to help. Whether it’s by doing regular chores or simply offering a helping hand, expect your child to be your helper.