



**TIMES  
SCHOOL SURVEY  
2019**  
**Ranked No. 1**  
as school leaders in Greater  
Noida by the Times of India  
Survey 2019



**PRAGYAN  
SCHOOL**

# WEEKLY CIRCULAR SENIOR

21<sup>st</sup> APRIL 2023  
(CIR/PS/83/2023-24)

# ASSEMBLY VI-VIII

Class VIII-C organized the two-day assembly from April 19th to April 20th, 2023. On the first day, the students delivered a "Personality Talk" on the renowned football player "Baichung Butia" and also participated in a quiz on the same topic. On the second day, the activities included a book review, poem recitation, and a musical performance.



# ASSEMBLY IX-XII

“The future belongs to those who believe in the beauty of their dreams” was the topic for XII B debate in the morning assembly for this week. When the body is physically healthy, the mind is clear, focused and stress is under control. To put this into practice, an assembly was organized to teach main asanas of yoga including Pranayam in order to revitalize the body and refresh the mind.



# ATL SESSIONS IX AB

Students of class 9th A and B got the opportunity to create an electric circuit consisting of LED, Buzzer, DC motor with the help of resistors. they did series and parallel combinations.



# ATL SESSIONS X

Class 10th students did the projects on speed detector, odometer using Ultrasonic sensor , IR sensor along with the Arduino. Project was completed on time by the Daksh and Vatsal.



# ATL SESSIONS XII A

Students of the class 12A learned about the IR Sensor and made a project based on smooth motion of a vehicle on the desired path based on it. They also got to know how black surface absorbs most of the light that falls on it.



# WORKSHOP : DIPLOMATHON GLOBAL IX-XII

Everything begins with dialogue, as it is the first step in creating value - Daisaku Ikeda

On 17 th April 2023, Mr Chintan B Rajal VP Diplomathon Global conducted a session in the school auditorium to announce the next Diplomathon World Symposium which will be going to take place in Noida this May. Diplomathon is a Student Conference series which aims at providing a one-stop learning module on International Relations, Geo–Politics, and Public Policy. It is a high-impact learning platform for school students to participate and reinvent the Diplomat within. Mr Chintan apprised the students to participate in the only symposium for students globally. He gave a glimpse of the previous Diplathons and related simulations with their focus areas. Mr. Rajal also shed light on Academic, Non-Academic benefits to participants. Such conferences help students improve their Interpersonal Skills, Communication Skills, Listening Skills, Negotiation Skills. He also explained the various objectives to hone communication skills, logical reasoning, world readiness and formal etiquette to expand their horizons. The expert speaker had enlisted the various industries Diplomathon works in close collaboration with student diplomats' diverse committees and intriguing topics bridging the gap between the classroom and the real world. The session concluded with a Question-Answer round where all queries were handled satisfactorily.

# WORKSHOP : DIPLOMATHON GLOBAL IX-XII



# SPIC MACAY

Dance is the hidden language of the soul, of the body -Martha Graham

Pragyan School has organized a Bharatanatyam Lec-Dem by the renowned classical dancer and vocalist, Padma Shri Geeta Chandran, under the patronage of SPIC MACAY on Wednesday, 19th April 2023 for the students of classes VI-XII. The prime motive of the programme was to conserve and promote an awareness of our rich and heterogeneous cultural tapestry amongst the youth of our country. The students from other schools were invited to the same. Many parents from the Pragyan family graced the occasion with their presence.

The show commenced with the traditional lighting of the lamp by the eminent guest accompanied by the trustee of the school Mr Ram Chand and the Principal Mrs Ruchika Sharma. The revered artist and the accompanists were accorded a warm welcome. Padma Shri Geeta Chandran taught various mudras to students and enthralled the audience with her mesmerizing footwork, facial expressions and homogeneity in the presentation of this vibrant dance form.

The distinguished guest artist then took the students through the journey of understanding the nuances of the Bharatnatyam dance form by giving valuable insights. She spoke about how the language of dance transcends all boundaries.

# SPIC MACAY

She began her performance with 'Pushpanjali' followed by 'Vandematram'. Next, she presented 'Govind Vandana', along with her team of musicians and accompanists consequently left the audience spellbound. The interactive questions/answers with the students made the session enjoyable and informative. The distinguished guest artist and her team were then felicitated with tokens of appreciation. The mystical live performance was an unforgettable life experience for the students as they were exposed to the rich cultural heritage of India.



# SPIC MACAY



# SESSION ON CUET BY CAREER LAUNCHER

Pragyan School Greater Noida organized a workshop for the students of classes XI and XII on 18th April 2023 to help them prepare for the Common University Entrance Test (CUET), an all-India examination to be conducted by the National Testing Agency (NTA) for admissions in undergraduate and postgraduate courses in various central, state, & many other universities of India including Delhi University, BHU, Allahabad University, Tezpur University, the University of Hyderabad amongst others. Mr. Ramanuj Mishra, an eminent & renowned resource person from Career Launcher conducted the session and discussed at length the format and different components of the test. He also guided students about how to prepare for this exam while studying for their regular examinations at school. Various queries of the students were handled satisfactorily and it proved to be a very informative and enlightening session.



# SESSION ON ADOLESCENT HEALTH ISSUES

On 20 th April 2023, the Health and Wellness Club- Aarogyam of Pragyan School Greater Noida had organised a session on 'Adolescent Health Issues'. Dr Vijay Pratap Singh, a senior physician was invited as a guest speaker to address the young learners of classes VI- VIII. The topics for the programme were: physical, cognitive and emotional changes in an adolescent child, nutritional management, hygiene and stress management in adolescents. The students emphasized various healthy lifestyle practices to prevent disease and promote optimum health. The session was a success and made the students realized that physical health and nutrition connect directly to one's mental health, effective study habits, and regular sleep patterns.

# SESSION ON ADOLESCENT HEALTH ISSUES



# TEACHERS WORKSHOP: INTERNATIONAL WORLD HERITAGE DAY

Workshops have always been an important part of teachers training. However, on the occasion of World Heritage Day celebration, Interact club teacher Ms. Sneha attended a one day teacher's training workshop on the topic "Heritage Education and Communication service" on Tuesday 18th April 2023, organised by Intac (Indian National Trust for Art and Culture Heritage) New Delhi. The workshop imparted knowledge on the needs and importance of preserving our vernacular heritage. It offered the ideas, suggestions and enriching activities which can help the teacher to engage students into knowing their Heritage well and understand the importance of its preservation.



# INTERCLASS ENGLISH CREATIVE WRITING COMPETITION VI-VIII

“Creative Writing expresses the thoughts of a writer in an imaginative manner”.

An interclass creative writing competition was organized at Pragyan School on April 18, 2023 for students of classes VI-VIII. The competition provided them a platform not only to showcase their talents and creativity, but also to express their views on a variety of subjects. It is their concerns which help us to identify the way forward. Participating students were given topics in accordance with their grade levels. The efforts of the students who participated in the competition revealed great depth and maturity in addition to creativity and command over language and expression. Reading their contributions has been an enriching experience as it offers a glimpse into their minds.



# INTERCLASS ENGLISH CREATIVE WRITING COMPETITION IX-XII

'Write, until it becomes a natural breathing. Write, until not writing makes you anxious.'

Creative writing expresses the writer's thoughts and feelings in an imaginative way. Creative writing is guided more by the writer's need to express feelings and ideas than by restrictive demands of factual and logical progression of expository writing. In our quest to promote academic excellence and encourage scholarly behaviour among students, Pragyan School, Greater Noida organized a 'CREATIVE WRITING COMPETITION' on 19th April 2023, for classes IX- XII. Students were provided with interesting prompts depicting different imaginative situations. The students were encouraged to explore different genres which included fantasy, mystery, humour, history, science fiction and much more. The contest aimed to develop the writing skills of the students and provided a platform for the children to find their unique voice through writing. It was a pleasure to discover many promising writers amongst the enthusiastic senior students. The students outshine with their creativity, and language competency and have delivered coherent write-ups with a soul. This competition was one of the numerous enjoyable competitions that gave students a platform to learn how to express their ideas and views in different ways. The competition helped the students to bring forth creative expressions and ignited their zeal to continue writing.

# INTERCLASS ENGLISH CREATIVE WRITING COMPETITION IX-XII



# CBSE SCIENCE CHALLENGE 2023-24 VIII-X

Science is inexplicably linked with our lives and helps us to understand the world around us better. By engaging with this subject, students learn to think, solve problems and make informed decisions. As an initiative to generate curiosity, enquiry and higher order thinking amongst the learners, the Board is organizing the CBSE Science Challenge for students of classes 8th to 10th. Pragyan school conducted the Science challenge on 20th April 2023, for the students of class VIII-X. Top two scorers from each class will appear for the second round.



# SOCIAL CLUBS

## CLASS VI- XII



- ECOLOGY CLUB
- HEALTH AND WELLNESS CLUB
- SCIENCE CLUB
- COMPUTER CLUB
- JOURNALISM CLUB
- READERS CLUB
- INTERACT CLUB

# ECOLOGY CLUB: GREEN WARRIORS:IX-XII

The students of the club were engaged in making posters and slogan writing for the Earth day. Students have participated enthusiastically and tried to express their concerns towards Mother Earth.



# HEALTH AND WELLNESS CLUB: AAROGYAM:IX-XII

“Adolescence and hormonal changes” was the topic for this week’s activity in the Health and Wellness Club. Class XII Psychology students and Ms. Mamta Bhatt discussed and presented a PPT. The topics were physical, mental, cognitive, emotional changes and eating disorders during adolescence. How can we control our anger? Few exercises were advised. Laughing exercise and meditation done as an activity part during the session.

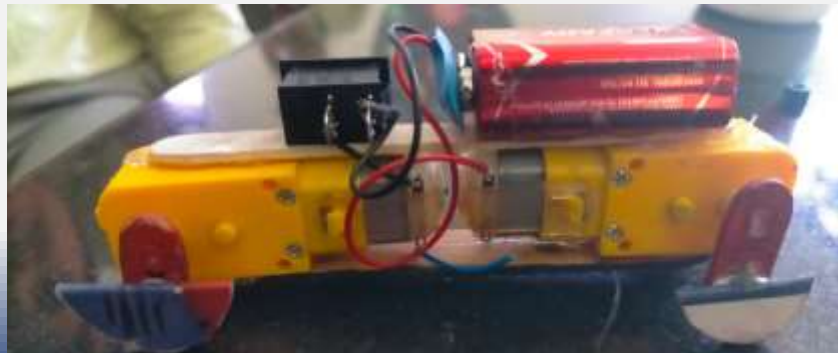


# SCIENCE CLUB: THE INNOVATORS:IX-XII

Science club students of class 9th prepared the Crawling robot. Students of the science club got the idea of some very important science law and their applications.

Class wise task distribution for the next week:

1. Class-9th: Electrolysis of water using graphite rod and 9V cell.
2. Class-10th: Mixing of color with the motion and students will get the idea of Dispersion and recombination of light.
3. Class-11th: Students will prepare a scale having least count 0.2mm using paper.
4. Class-12th: Drone (A study of gyroscopic motion) of specific range ( $1\Omega$  to  $10k\Omega$ )



# COMPUTER CLUB:TECHSPARK:IX-XII

TechSpark- Computer Club provides a platform for students to learn and develop their technical skills. This week, our Python coders worked on Palindrome for a long string using nested for loop. Our creators worked on initial poster planning for My summer plan and About me infographic. Students were also working on Logo creation for the Indian Government Project Lion and poster for International Yoga Day by the Ministry of Ayush (MOA). Students were also working on their projects on Animation film and Illustrations on the safe and secure use of Social Media for Stay Safe online Campaign by MeitY.



# INTERACT CLUB: HELPING HANDS:IX-XII

A cleanliness drive in school on Earth Day can be a powerful way to engage students in environmental conservation and promote responsible waste management. Interact club of school organised a cleanliness drive for the senior students in the premises of school during their club period. Interactors enthusiastically participated in the drive. They collected and disposed of the waste properly. Poster making on Earth day was also conducted. Interactors also made beautiful posters on the topics , Environment Conservation, Global Warming and Save Earth.



# JOURNALISM CLUB:THE BROADCASTERS :IX-XII

In the modern world, journalism has become an attention seeking activity by distorting facts and targeting celebrities. So, a deliberation was held in the Journalism Club (Classes IX-XII) on the topic 'Ethical Journalism'. Students discussed in detail what are the roles and responsibilities of the journalists. The news covered must be real and there should not be an element of exaggeration. They quoted various journalists who sensationalize the news which might be fatal for the person targeted. Students emphasized that an interviewer has no right to invade the privacy of the interviewee so the questions should be well thought over. All the students participated very enthusiastically and it proved to be a very useful session.



# HEALTH & WELLNESS CLUB

**Millets that are cooling:** The ideal millets to be eaten in the summer are Jowar, Ragi, Foxtail millet, Barnyard millet and Kodo millet. These cooling millets can be incorporated into your diet in summers.

**Why are millets important:** Magnesium is an essential mineral for energy metabolism, protein synthesis, blood pressure and blood sugar control. Millets provide a great lot of energy during these periods when blood pressure imbalances and diabetes are among our top concerns. The body needs the preservation of potassium and electrolytes in the sweltering heat. Millets, as high-nutrient meals, hydrate the body and help prevent significant illnesses including heat exhaustion, migraines and sunstrokes.

## Healthy Lifestyle Tips



# ECOLOGY CLUB



## SAVE EARTH, SAVE WATER



### WHY SHOULD WE SAVE WATER?

Fresh water is a limited resource, making water conservation an important factor for the environment. We need water to grow food, protect aquatic life, and save money and energy.



### WHAT CAUSES A SHORTAGE OF WATER?

Overuse and wastage of water have caused water scarcity in the world. Around 700 million people in 43 countries suffer today from water scarcity. source - un.org



Take showers of 5 minutes or less.



Close taps properly - don't leave the water running when you're brushing your teeth.



Use a bucket to wash your car instead of a hosepipe.





# TIP OF THE WEEK



## 6 PRINCIPLES OF POSITIVE PARENTING

- 1 Misbehavior is your child's way of **COMMUNICATING** an unmet need
- 2 Validate your child's **EFFORT**
- 3 Give your child the **RESPECT** you want them to give you
- 4 Never punish your child for their **FEELINGS**
- 5 Express **CONFIDENCE** in their abilities
- 6 **REMEMBER:**  
The worse they feel,  
the worse they behave

# CIRCULARS SHARED DURING THE WEEK

- Safety & Well Being shared on 17th April 2023
- Student Council (2023-24) shared on 17th April 2023
- National Youth Parliament (Classes IX & X) shared on 19th April 2023.
- Summer Camp - Sunny Smiles (Classes Nursery to V) shared on 19th April 2023.

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