

TOP 50

EFFECTIVE PRINCIPALS 2019

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"Imagine life taking birth, in full form manifesting into physical existence. It is beyond comprehension till we pay attention. It is imperative to understand the fundamental of life and put it into right perspective."



Considering all the things our children are exposed to in this day and age, do you think sex ed should be an integral part of the school's central curriculum rather than being limited to only two sessions a year?

In today's digital world when every information is available in just a click, it is absolutely important to educate children on everything from sex and puberty to gender identity and consent. And as to from which grade should various aspects of reproduction become part of the school curriculum, this is an issue that must be decided by experts and child psychologists.

These days children are exposed to the idea in many different ways. There are suggestive advertisements pertaining to the subject. The adult content is easily circulated on electronic media. The list is endless. In order to maintain sanctity and sensibility around the topics of sex and physical attraction, it is the responsibility of parents and schools to educate children in such a manner that distortions are prevented. In the unknown realm of affairs, a child will most likely stray. Complimentary education starts at home where the emotional aspects could be addressed along with the teachings at school around the topic. It will stir up a healthy environment wherein respect for the opposite sex is inculcated and also bring about a social change.

Children learn faster than adults since the mind is impressionable

and open to learning. Our history points to many depictions where sex was portrayed in the form of art. Society is crippled in many ways due to the lack of attention to the subject. It has become taboo which gives root to wrong and demeaning mindset. It is high time we realized that educating children on sex is one of many ways to raise them to become responsible citizens of the country. The idea is to bring out the fact that sex is natural and normal. And everyone should respect it, instead of joking around it.

The curriculum may include various topics at different grades such that it opens the faculty of a child in a manner it is made possible for other academic subjects. As a matter of fact, this may help develop certain mental realms which are dormant or less exposed. It is indeed a great possibility!

When the issue is addressed in a few sessions, it leaves it with the unfulfilled aim of bringing many aspects from unknown to known. There is always a chance of doubt and darkness in the unknown field. By way of making sex education a part of the school curriculum, it will be appropriate for children to learn about it, as it comes from a reliable source. Once the understanding is gained over the subject, prospects are realized. The results may be overwhelming!